

BOXED LUNCHES & PLATTERS

- Prices are per person
- Vegetarian Options Available

Phat Kat Box or Platter \$13 / \$10

Signature sandwiches: Hot/Cold Sweats, VIP Club, Turkey Sandwich, Chicken Salad. Choice of side and homemade dessert or 2 sides.

**Whole or Half Sandwiches*

Eat the Rapper Box or Platter \$13 / \$10

Signature wraps: Ninja Bomb, Turkey Wrap, Chicken Caesar and Morphine. Choice of side and homemade dessert or 2 sides *Whole or Half Wraps

Simple Brown Boxed Lunch \$11 / \$9

Assortment of classic deli sandwiches - Turkey and Tuna and Ham with assorted chips and choice of dessert or fruit.

**Whole or Half Sandwiches*

Goddess Salad Platter \$13

Bevy of skinny salads - Fat Free Tuna, Chinese Chicken and Honey Nut Chicken, served with mini rolls and bread, Caesar Salad and Fresh Fruit.

Stupid Simple Platter \$14

Sliced ham, turkey and chicken, sliced cheese, lettuce, tomato, red onion, mayo pack, mustard pack, assorted breads; includes potato salad, Caesar salad and dessert

Fresh Fruit Platter

\$30 Serves 8-10 / \$50 (16-20) / \$70 (24-30)

Hummus Envy Platter

Soft & hard pita, two types of hummus, pico, pesto, olives, balsamic reduction, goat cheese \$30 serves 10-15 / \$45 (15-25)

Phat Dipper

Homemade Spinach Artichoke Dip, Pimento Cheese, and Lentil Guacamole with Soft and Hard Pita \$50 serves 8-10 / \$90 (15-25)

Grilled Cheese Sandwiches with Tomato Basil Soup \$10

For individual or small catering (groups under 10), please use our App. Search App "Phat Bites" Delivery Options Available on minimum \$200 orders.



POWERED BY: ChowNow



2730 Lebanon Pike, #B
Nashville, TN 37214
www.phatbites.com



CATERING

SALAD SIDES \$3

Choices for cold lunches

- *Cranberry Barley Salad *Hummus & pita (multiple flavors daily) *Loaded Potato Salad
- *Tomato-Mozzarella Salad * Sesame Noodles *Pesto Pasta Salad *Broccoli Cheddar Salad * Couscous *Greek Artichoke * Black bean & corn
- *Spicy Dijon Slaw * Caesar salad * Chopped salad *Long Life Salad \$1 extra (Featured on Diners, Drive-In's & Dives)

DESSERTS \$2.25 each

- 1/2 size * Brownie * Yum Yum Bar * Coconut Sunflower or Chocolate Rice
- Krispie treats, Cookies & more!

SCOOBY SNACKS

Homemade pimento cheese, pico & pita \$2 pp

Roller Club Bites \$1 each
Grilled veggies, pimento cheese & crackers \$5 pp.

Lentil guacamole, spinach artichoke dip, and paco w/ tortilla chips, pita & veggie sticks \$6pp

PREMIUM SNACKS

Deviled Eggs - Classic, Sundried Tomato, or Pesto \$20 (30 pieces)

Tomato Basil Bruschetta served on toast pieces \$20, 2 lbs.

Cold jumbo shrimp with homemade cocktail sauce and saltines \$2 each

Minimum order of 20 people per package
Drop off delivery (Minimum 20)
15% service fee for delivery & set up & leave. Full buffet with chafers set drop and pick up or full service for additional fees.
Try to give us 48 Hour Notice for delivery

*Please advise us of gluten issues or other food allergies

Catering Manager Direct:
615.738.7646

Email: phatbitescatering@gmail.com
On the Web: www.phatbites.com
Emily Nix, Catering Sales Manager

HOT LUNCH

ADD \$3 FOR DINNER
PORTIONS OR FOR
EXTRA ENTREE

Chef's Choice Luncheon / \$14

Chef Julie's Special of the Day - includes meat, vegetable, starch, and dessert.

**Choice of Beef, Pork, or Chicken*

**Vegetarian & Vegan Options Available*

Cowboy Up / \$13

Roasted sliced sirloin with beef mushroom gravy, skillet potatoes, lemon butter broccoli & house salad.

Devil's Workshop / \$13

Jack Daniels Pork BBQ with baby rolls, loaded potato salad and spicy slaw

Mud Tavern Molé / \$13

Chicken Molé, Spanish brown rice, black beans, pico, and tortillas

Lasagna Meat or Veggie

Served with grilled garlic focaccia & Caesar salad. Full pan (Serves 20-24) \$250 / half pan (Serves 10-12) \$132

Ellendale's Cajun Chicken Pasta / \$13

Penne Pasta tossed with diced chicken, bell peppers, mushrooms & red onion in a Cajun Alfredo sauce. Served with chopped salad & grilled focaccia.

Quinoa Heaven / \$14 + \$2 chicken or salmon

sautéed in coconut oil w/sunflower seeds, mushrooms, peppers, peas & spinach w/chopped salad & pita w/hummus.

Mas Fajitas Por Favor \$13

Grilled chicken & steak with peppers and onions, tortillas, sour cream, lentil guacamole, lettuce & pico, served with Spanish rice & black beans.

Burgers & Dogs / \$30

Burgers (Beef & Veggie)

All Beef Hot Dogs

Grilled Chicken (BBQ or Nashville Hot)

- Includes: Potato Salad, Caesar Salad, Grilled Veggies, Tea or Lemonade, Ketchup, Mustard, Relish, Pickles, and Buns
- 100 Person Minimum
- Chef & Grill (s) provided; fees for additional service staff will apply

BEVERAGES

*Cups & Ice are Included

Gallon of Fruit Tea \$14 - Gallon of Sweet or Unsweet Tea

\$10 - Hot Water & Tea \$2 pp. -

Bongo Java Coffee \$3 pp.

½ Gallon of Fresh OJ \$12

Fresh Squeezed Lemonade \$20

Assorted Canned sodas \$1.25

Bottled Water \$1.25

Full Service Cocktail Bar & Service MRKT.

BREAKFAST

FULL BREAKFAST
MENU AVAILABLE
UPON REQUEST

Quiche - Half Pan \$48 (12 slices) or
Full (24 slices) \$90

Made any way you like with your choice of fillings

Sunshine and Motorcycles \$13

Benedict w/ grilled tomato, ham and scrambled eggs with hollandaise, fresh fruit, bagel and cream cheese and assorted pastries.

The European \$10

Assorted cheeses, fruit, ham and turkey, crackers, bread, jelly, boiled egg & pastry.

Slider On Over \$9

2 pp/ Ham, egg & cheese sliders, potatoes & fruit

Farmers choice \$12

Steak & cheddar scrambled eggs with skillet potatoes & fruit.

Healthy Start \$5

Chia, Coconut, Honey, and Fruit Parfait

All the Extras:

*Assorted flavored Bagels with two signature cream cheeses \$3 *Meat Medley (bacon & sausage) \$5 *Scrambled Eggs w/ cheddar \$2.50
*Pastry \$3 *Fruit \$3.50*

**Croissants, muffins, bread & jelly \$6*

**Granola, yogurt & fruit cup \$4 *Hardboiled Egg \$1.25 *Muffins \$3*

PARTY PLATTERS

Charcuterie & Cheese Selection/ \$130 Medley of Classic Cheeses and Meat served with crackers and seasonal fruit, serves 15-20 people.

A Little Something/ \$30

Crisp fresh veggies with homemade pesto ranch dipping sauce, serves 8-10 people

Classic Cheese Platter / \$100

Sliced Cheeses with seasonal fruit and crackers and Bruschetta, serves 12-15

Beef Tenderloin Platter - Cooked Medium Rare, with grilled onions, mushrooms, horsey cream sauce and sliced bread

\$150, serves 8 - 10 people/ \$250, serves 15-20

Mediterranean Platter - Hummus, feta, charred artichokes, veggie croquettes, pickled veggies, olives and pita

\$60, serves 8-10 people / \$120, serves 15-20