

## BOXED LUNCHES & PLATTERS

- Prices are per person
- Vegetarian Options Available

### Phat Kat Box or Platter \$13 / \$10

Choice blend of our signature sandwiches and wraps.  
Choice of side and homemade dessert or 2 sides.  
\*Whole or Half Sandwiches

### Eat the Rapper Box or Platter \$13 / \$10

Medley of our most popular wraps – Ninja Bomb, Turkey Wrap, Chicken Caesar and Morphine. 1 side plus dessert or 2 sides \*Whole or Half Wraps

### Simple Brown Boxed Lunch \$11 / \$9

Assortment of classic deli sandwiches – Turkey and Tuna and Ham with assorted chips and choice of dessert or fruit. \*Whole or Half Sandwiches

### Goddess Salad Platter \$13

Bevy of skinny salads – Fat Free Tuna, Chinese Chicken and Honey Nut Chicken, served with mini rolls and bread, Caesar Salad and Fresh Fruit.

### Stupid Simple Platter \$14

Sliced ham, turkey and chicken, sliced cheese, lettuce, tomato, red onion, mayo pack, mustard pack, assorted breads; includes potato salad, Caesar salad and dessert

### Fresh Fruit Platter

\$30 Serves 8-10 / \$50 (16-20) / \$70 (24-30)

### Hummus Envy Platter

Soft & hard pita, two types of hummus, pico, pesto, olives, balsamic reduction, goat cheese

\$30 serves 10-15 / \$45 (15-25)

### Phat Dipper

Homemade Spinach Artichoke Dip, Pimento Cheese, and Guacamole with Soft and Hard Pita

\$50 serves 8 -10 / \$90 (15-25)

### Grilled Cheese Sandwiches with Tomato Basil Soup \$10

For individual or small catering (groups under 10), please use our App. Search App "Phat Bites"

Delivery Options Available on minimum \$200 orders.



POWERED BY: ChowNow



2730 Lebanon Pike, #B  
Nashville, TN 37214  
www.phatbites.com

# PHAT BITES CATERING

## SALAD SIDES \$3

### Choices for cold lunches

\*Cranberry Barley Salad \*Hummus & pita (multiple flavors daily) \*Loaded Potato Salad \*Tomato-Mozzarella Salad \* Sesame Noodles \*Pesto Pasta Salad \*Broccoli Cheddar Salad \* Couscous \*Greek Artichoke \* Black bean & corn

\*Spicy Dijon Slaw \* Caesar salad \* chopped salad \*Long Life Salad \$1 extra (Featured on Diners, Drive-Ins & Dives)

## DESSERTS \$2.25 each

1/2 size \* Brownie \* Yum Yum Bar \* regular or chocolate rice krispie treats, cookies & more!

## SCOOBY SNACKS

Homemade pimento cheese, pico & pita \$2 pp

Rolled Club Bites \$1 each

Grilled veggies, cheese & crackers \$5 pp.

Lentil guacamole, pico, pimento cheese w/ tortilla chips, pita & veggie sticks \$4pp

## PREMIUM SNACKS

Deviled Eggs – Classic, Sundried Tomato, or Pesto \$20 (30 pieces)

Tomato Basil Bruschetta served on toast pieces \$20, 2 lbs.

Cold shrimp with homemade cocktail sauce

Minimum order of 20 people per package  
Drop off delivery available (Minimum 20)  
15% service fee for delivery & set up & leave.  
Full buffet with chafers set drop and pick up or full service for additional fees.

Try to give us 48 Hour Notice for delivery

\*Please advise us of gluten issues or other food allergies

Catering Manager Direct: 615.738.7646

Email: [phatbitescatering@gmail.com](mailto:phatbitescatering@gmail.com)

On the Web: [www.phatbites.com](http://www.phatbites.com)

Emily Nix, Catering Sales Manger

# HOT LUNCH

ADD \$3 FOR DINNER  
PORTIONS OR FOR  
EXTRA ENTREE

## Chef's Choice Luncheon / \$14

*Chef Julie's Special of the Day – includes  
meat, vegetable, starch, and dessert.*

*\*Choice of Beef, Pork, or Chicken*

*\*Vegetarian & Vegan Options Available*

## Cowboy Up / \$13

*Roasted sliced sirloin with beef mushroom gravy,  
skillet potatoes, lemon butter broccoli & house salad.*

## Devil's Workshop / \$13

*Jack Daniels BBQ with baby rolls, loaded potato  
salad and spicy slaw*

## Mud Tavern Molé / \$13

*Chicken Molé, Spanish brown rice, black beans, pico,  
and tortillas*

## Lasagna Meat or Veggie

*Served with grilled garlic focaccia & Caesar salad.*

*Full pan (24 plump pieces) \$144 / half pan (12  
pieces) \$72*

## Ellendale's Cajun Chicken Pasta / \$13

*Penne Pasta tossed with diced chicken, bell peppers,  
mushrooms & red onion in a Cajun Alfredo sauce.*

*Served with chopped salad & grilled focaccia.*

## Quinoa Heaven / \$14 + \$2 chicken or salmon

*sautéed in coconut oil w/sunflower seeds,  
mushrooms, peppers, peas & spinach w/chopped  
salad & pita w/hummus.*

## Mas Fajitas Por Favor \$13

*Grilled chicken & steak with peppers and onions,  
tortillas, sour cream, lentil guacamole, lettuce &  
pico, served with Spanish rice & black beans.*

## Burgers & Dogs / \$30

*Burgers (Beef & Veggie)*

*All Beef Hot Dogs*

*Grilled Chicken (BBQ or Nashville Hot)*

- *Includes: Potato Salad, Caesar Salad, Grilled Veggies, Tea or Lemonade, Ketchup, Mustard, Relish, Pickles, and Buns*
- *100 Person Minimum*
- *Chef & Grill (s) provided; fees for additional service staff will apply*

# BEVERAGES

Gallon of Fruit Tea \$14 - Gallon of Sweet or Unsweet

Tea \$10 - Hot Water & Tea \$2 pp. –

Bongo Java Coffee \$3 pp.

½ Gallon of Fresh OJ \$12

Fresh Squeezed Lemonade \$20

Assorted Canned sodas \$1.25

Bottled Water \$1.25

Full Service Cocktail Bar & Service MRKT.

\*Cups & Ice are Included

# BREAKFAST

FULL BREAKFAST  
MENU AVAILABLE  
UPON REQUEST

**Quiche** - Half Pan \$48 (12 slices) or

Full (24 slices) \$90

*Made any way you like with your choice of fillings*

## Sunshine and Motorcycles \$15

*Benedict w/ grilled tomato, ham and scrambled  
eggs with hollandaise, bacon and turkey sausage,  
fresh fruit, assorted pastries & bread with butter  
and jelly.*

## The European \$10

*Assorted cheeses, fruit, ham and turkey,  
crackers, bread, jelly boiled egg & pastry.*

## Slider On Over \$9

*2 pp/ Ham, egg & cheese sliders, potatoes & fruit*

## Farmers choice \$10

*Steak & cheddar scrambled eggs with skillet  
potatoes & fruit.*

## Healthy Start \$5

*Chia, Coconut, and Fruit Parfait*

## All the Extras:

*Assorted flavored Bagels with two signature  
cream cheeses \$3 \*Meat Medley (bacon &  
sausage) 3 \*2 Biscuits with Gravy 3 \*scrambled  
Eggs w/ cheddar \$2.50 \*pastry 2 \*cookies \$1.50  
\*Croissants, muffins, bread & jelly 4 \*Granola,  
yogurt & fruit cup 4 \*boiled egg w/ dip \$1.25  
\*fruit 3 \*muffins 3*

# PARTY

## PLATTERS

### Charcuterie & Cheese Selection/ \$130

*Medley of Artisan Cheese and Meat  
served with crackers and seasonal fruit,  
serves 15-20 people.*

### A Little Something/ \$30

*Crisp fresh veggies with homemade  
pesto ranch dipping sauce, serves 8-10  
people*

### Classic Cheese Platter / \$100

*Artisan Cheeses with seasonal fruit and  
crackers, serves 12-15*

**Beef Tenderloin Platter** – Cooked Medium  
Rare, with grilled onions, mushrooms,  
horse cream sauce and sliced bread

**\$150**, serves 8 – 10 people/ **\$250**, serves 15-20

**Mediterranean Platter** – Hummus, feta,  
charred artichokes, veggie croquettes,  
pickled veggies, olives and pita

**\$60**, serves 8-10 people / **\$120**, serves 15-20