

Tender Grill Gourmet Brazilian Kitchen Catering Menu

Appetizers - Brazilian Pastries – bite size price per unit \$1,00
(minimum order is 100)

Coxinha – Potato dough filled with shredded chicken and
Brazilian catupiry cheese, deep fried

Brazilian Cheese bread (pao de queijo)- Gluten free –
Cheese balls made with yucca flour and cheese.

Risolis de carne (ground beef risolis)- potato dough filled with
ground beef, deep fried.

Brazilian Kibe (pronounced kee-bee) – Football shaped deep-
fried croquette of beef and bulgur wheat, seasoned with garlic,
onions and mint.

Chicken or Spinach and cheese mini pies (empadinha)- baked
Brazilian flaky dough filled with chicken or spinach and cheese

SALADS small tray serves 15-20 people
 Large tray serves 35-40 people

Brazilian House salad – Organic mix greens, Cherry tomatoes,
Red onions, Heart of palms, Black olives, Roasted corn and
Walnuts, whit a honey raspberry lime vinaigrette.

Small - \$30

Large - \$50

Caprese salad – Sliced roma tomatoes, Basil and fresh mozzarella cheese with a hint of garlic oil and reduced balsamic vinaigrette.

Small - \$40

Large - \$65

Kale and quinoa salad – Organic Kale, white quinoa, Red onions, goat cheese, currants and walnuts, white honey balsamic dressing.

Small - \$35

Large - \$60

SIDES- small tray serves 15-20 people
 Large tray serves 35-40 people

White Brazilian Rice -

Small - \$20

Large - \$40

Black Beans (vegetarian)-

Small - \$30

Large - \$50

Pinto Beans with sausage and bacon

Small - \$40

Large - \$60

Organic white quinoa -

Small - \$30

Large - \$50

Roasted garlic mashed potatoes –

Small - \$30

Large - \$50

Sauteed Veggies - Broccoli, mushrooms, red onions and cherry tomatoes with garlic oil.

Small - \$35

Large - \$60

Brazilian Farofa – Toasted yucca flour with bacon

Small – 20

Brazilian Strogonoff (Gluten Free)– Chicken/Steak with mushrooms on a creamy tomato sauce with extra fine potato sticks and green onions.

Small tray (15-20 people) \$50 chicken \$80 Steak

Large tray (35-40 people) \$100 chicken \$130 Steak

*Rice is not included.

MEATS –

Brazilian Picanha Steak (top cap sirloin butt cap)

Small tray (10 steaks 7oz) - \$70

Large Tray(20 steaks 7oz) - \$120

Herb marinated chicken Breast

Small tray(10 Breasts 7oz) - \$50

Large Tray(20 Breasts 7oz)- \$90

Spicy pork – Slow cooked pork butt with serrano peppers and white onions.

Small Tray 15-20 people \$40

Large Tray 35-40 people \$80

Brazilian pork Sausage.

Small Tray (20 links) \$40

Large tray (40 links) \$80

Grilled Atlantic Salmon with fried capers and lime

Small (10 Filets 6oz) - \$70

Large (20 Filets 6oz) - \$130

SANDWICHES – All Sandwiches comes with small tray of Fries or Salad.

Picanha steak sandwich – Slightly toasted ciabatta bread with roasted garlic aioli, fresh mozzarella cheese, roma tomatoes, grilled onions and arugula + 5oz of thin sliced picanha steak cooked to perfection.

Small tray (4 sandwiches) - \$56

Large Tray(8 Sandwiches) - \$112

Chicken and catupiry sandwich – Slightly toasted brioche bun with basil aioli, shredded chicken breast, roasted corn, catupiry cheese and extra fine potato sticks.

Small Tray (4 Sandwiches) - \$52

Large Tray (8 Sandwiches) - \$104

Spicy pork Sandwich – Slow cooked pork butt with serrano peppers over a slightly toasted brioche bun with basil aioli.

Small Tray (4 sandwiches) - \$52

Large Tray (8 Sandwiches) - \$104

Veggie sandwich – Slightly toasted ciabatta bread with basil aioli, fresh mozzarella cheese, roma tomatoes, roasted corn, grilled onions and baby arugula.

Small Tray (4 sandwiches) - \$40

Large Tray (8 Sandwiches) - \$80

Brazilian grilled Cheese Napolitano – Mozzarella and catupiry cheese, roma tomatoes and oregano on a buttery white or wheat bread.

Small Tray (4 sandwiches) - \$35

Large Tray (8 sandwiches) - \$70

Tender grilled Cheese – Mozzarella and catupiry cheese on a buttery white or wheat bread.

Small Tray (4 sandwiches) - \$35

Large Tray (8 sandwiches) - \$65

Atlantic Salmon Wrap – Organic mix greens, 6oz grilled Salmon, pickled red onions, fried capers and organic white quinoa.

Small Tray (4 Wraps) - \$48

Large Tray (8 Wraps) - \$95

DESSERTS-

Brigadeiro – Brazilian chocolate truffle \$2 each
(minimum order – 20)

Passion fruit mousse - \$3 each (minimum 10)

Brazilian mini churro ball filled with Nutella or Caramel -
\$8 for a dozen (minimum of 3 orders)

We charge 9.75% tax on every order + a small delivery fee.
We also appreciate any gratuities.