winter menu

we work closely with independent farmers, growers and bakers — british-grown pulses, tofu handmade in london from organic soya beans, sourdough fermented for 48 hours in hertfordshire, and olive oil from fifth-generation growers in catalonia

olives & guindillas 4.5
sourdough, 48-hour ferment schiacciata, roast garlic butter, oregano 5
delica pumpkin hummus, salsa macha, toasted pepitas 9
shiitake whipped silken tofu, curry leaf & ginger oil 9.5

glazed handmade dumplings, chilli miso, sesame, cucumber & ginger pickle 10
crispy sambal mushrooms & seitan, green chutney, tomato, lime leaf, chilli 12.5
cauliflower tostadas, orange romesco, salsa macha, smoked almonds, jalapeño 11
pear & chicory waldorf salad, blackberry, pecan, pomegranate molasses 11/16.5
sweet potato beetroot tortelloni, hazelnut pistou, beetroot velouté, sage 12/17.5

roast squash kiri hodi, wild harvest squash, caramelised onion pilau, cabbage thoran, tomato lime leaf sambal 18.5
oyster mushroom & hispi shawarma, sweet potato, chipotle, romesco, rich charred gravy 19
gochujang tofu, clean bean tofu, kimchi rice, tenderstem broccoli, mushrooms 17.5
sausages & celeriac mash, rich charred gravy, braised hodmedod's lentils, pickled red cabbage 19.9

lemon pepper fries 4.5
burnt tenderstem broccoli 7.5
rocket & pomegranate salad 6.5
sesame ginger pickled cucumber 5
caramelised onion pilau 5.5
pita / paratha 3

caesar chick'n burger, parmesan, caramelised onion, gherkin, lemon pepper fries 18
korean fried chick'n burger, kimchi, chilli mayo, red onion, lemon pepper fries 18

with thanks to our producers — clean bean, hodmedod's, seven seeded, belazu, infinity foods, symplicity and wild harvest

@mildredsrestaurants | mildreds.com

all our food and drink is plant-based. please tell us about any allergies. our kitchens have no nut-free or gluten-free areas, so traces may be present.
a discretionary 12.5% service charge supports our staff.

desserts

sticky toffee pudding, apple, butterscotch, vanilla ice cream 10
**20p from every sticky toffee pudding goes directly to spread a smile*

dark chocolate mousse, malt crumb, chantilly cream, sea salt 8.5

pistachio cheesecake, cherry compote, pistachio anglaise 9.5

white chocolate tiramisu 9.9

taste of mildreds menu

a selection of our favourite sharing dishes
£26 per person for 2 people minimum

olives & guindillas

sourdough, 48-hour ferment schiacciata, roast garlic butter, oregano

delica pumpkin hummus, salsa macha, toasted pepitas

shiitake whipped silken tofu, curry leaf & ginger oil

cauliflower tostadas, orange romesco, salsa macha, smoked almonds, jalapeño

glazed handmade dumplings, chilli miso, sesame, cucumber & ginger pickle

oyster mushroom & hispi shawarma, sweet potato, chipotle, romesco, rich charred gravy

add any dessert for £5

cocktails

lime yuzu spritz, sapling vodka, lime coriander shrub, yuzu tonic 11

lychee martini, jaisalmer gin, lychee, rose, citrus 11

cucumber elderflower margarita, el tequileño blanco, cucumber, elderflower, citrus 11

pineapple aperol daiquiri, dropworks clear drop white rum, aperol, pineapple 11

cherry vanilla old fashioned, four roses bourbon, briottet cherry, vanilla, bitters 11

spiced apple cooler, dropworks white rum, winter spices, pimento ginger beer 11

pink citrus spritz 0%, everleaf marine, artisan pink citrus tonic, grapefruit 10

lychee jasmine martini 0%, pentire adrift, lychee, citrus, jasmine infusion 10

small glass, big taste

a mini cocktail experience that's just the right size

cucumber elderflower margarita, el tequileño blanco, cucumber, elderflower, citrus 5

cherry vanilla old fashioned, four roses bourbon, briottet cherry, vanilla, bitters 5

white wine

	glass	carafe	bottle
vinho verde, 'barette', ab valley, portugal | *sust* floral and aromatic with a delicious zesty finish. perfect with roast squash kiri hodi, oyster mushroom & hispi shawarma.	9.4	26	37
trebbiano, 'senso', emilia romagna, italy | *sust* soft scented pear and citrus aromas. easy drinking and great with cauliflower tostadas and pear & chicory waldorf salad.	7.9	22.5	31
chenin blanc, rukwind, western cape, south africa | *sust* dry and appealing with fresh green apple flavours. perfect aperitif, versatile and great with nibbles.	8.7	23.7	35
chardonnay, impressionist 'the wattle', australia | *sust* rounded and buttery with a lovely vanilla citrus palate. pairs well with sweet potato beetroot tortelloni.	8.9	24	36

red wine

	glass	carafe	bottle
bonfaro tinto, dfj vinhos, lisboa, portugal | *sust* generous forest fruits and ripe cassis character. light to medium palate and great with the sausages.	8.7	23.9	35.5
merlot, ojo rojo, colchagua, chile | *bcorp, cm, sust* rich blackcurrant and plum with good depth of fruit. great with beetroot tortelloni.	9.4	26	37
sangiovese, allegri, emilia romagna, italy | *sust* moreish dark cherry fruits and supple juicy palate. goes well with gochujang tofu.	7.9	22.5	31
malbec, 'highest point', proemio, mendoza, argentina | *sust* attractive blackberry and spicy plum flavours. perfect with the sausages and oyster mushroom & hispi shawarma.	10	28.5	40

bio: biodynamic | co: co-operative farming | cm: carbon minus | org: organic | sust: sustainable

all our food and drink is plant-based. please tell us about any allergies. our kitchens have no nut-free or gluten-free areas, so traces may be present. a discretionary 12.5% service charge supports our staff.

pink & orange wine

	glass	carafe	bottle
côtes de provence rosé 'l'heure d'or', les vignerons de gonfaron, france | *sust* elegant rose petal pink with dry lingering redcurrant fruit flavours. great with pear & chicory waldorf salad and delica pumpkin hummus.	11.4	29.5	43
orange verdejo skin contact, parra jiménez, la mancha, spain | *bio, org, sust* concentrated grapefruit and cider apple aromas. goes well with earthy flavours like the oyster mushroom & hispi shawarma.	11.4	29.5	43

fizz

	glass	bottle
noughty 0% blanc de blancs, thompson & scott, germany | *de-alcoholised wine, org, sust* elegant with crisp ripe apple scents. a great alcohol-free alternative and perfect with nibbles.	7.4	37
prosecco spumante extra dry, portenova, italy | *sust* apple and pear flavours combine with a persistent gentle mousse. a great aperitif and perfect with nibbles.	8.4	40

cocktails

lime yuzu spritz, sapling vodka, lime coriander shrub, yuzu tonic 11
lychee martini, jaisalmer gin, lychee, rose, citrus 11
cucumber elderflower margarita, el tequileño blanco, cucumber, elderflower, citrus 11
pineapple aperol daiquiri, dropworks clear drop white rum, aperol, pineapple 11
cherry vanilla old fashioned, four roses bourbon, briottet cherry, vanilla, bitters 11
spiced apple cooler, dropworks white rum, winter spices, pimento ginger beer 11
pink citrus spritz 0%, everleaf marine, artisan pink citrus tonic, grapefruit 10
lychee jasmine martini 0%, pentire adrift, lychee, citrus, jasmine infusion 10

small glass, big taste a mini cocktail experience that's just the right size

cucumber elderflower margarita, el tequileño blanco, cucumber, elderflower, citrus 5
cherry vanilla old fashioned, four roses bourbon, briottet cherry, vanilla, bitters 5

beers

mildreds x unbarred pale ale *330ml 4.5%* 6.5

mildreds x harbour singlefin lager *330ml 4%* 6.5

lucky saint unfiltered lager *330ml 0.5%* 6.5

sandford devon red cider *330ml 4.5%* 6.5

soft drinks

cold brew tea infusions 5.5
chamomile & basil / wild rooibos & lemon / rose chai with sproud

fresh juices 6.5
carrot, apple, ginger / pineapple, apple, ginger, turmeric / celery, cucumber, apple

dalston peach *330ml* 4

pimento ginger beer *250ml* 5

hot drinks

americano / espresso 3.1

flat white / latte / cappuccino 3.6

speciality lattes 5.5
matcha / chai

loose leaf teas by rare tea co. 3.6
speedy breakfast / rare earl grey / jasmine silver tip / wild rooibos /
whole chamomile flowers / malawi green

fresh mint tea 3

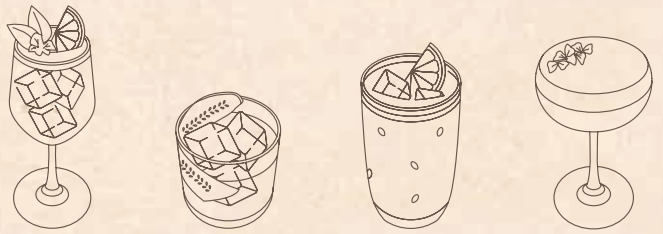
fresh lemon & ginger tea 3

hot chocolate, colombia, single origin, 55% 4

cold foam lattes served over ice and topped with a fluffy oatly cold foam

mango matcha 6

smoked olive oil coffee 6



drinks

we work closely with a variety of independent roasters, distillers, and merchants to source our drinks

@mildredsrestaurants | mildreds.com

breakfast

open sandwiches

avocado whipped silken tofu, tomato sambal, green chutney, curry leaf & ginger oil, tempered tomatoes, masala boondi 15

chorizo ragù & rocket, slow-cooked ragù, basil sour cream, dressed rocket 14

delica pumpkin hummus, romesco, roast squash, salsa macha, pepitas 14

brunch plates

full english, leek & chive tofu scramble, sausage, masala potatoes, chipotle-maple beans, spiced tomatoes, spinach, roast mushrooms, sourdough 16.5

golden potato rösti, beetroot velouté, tofu scramble, caramelised spiced onions, rocket, salsa macha 15.5

cauliflower uttapam, rice & lentil pancake, roast cauliflower, tomato sambal, green chutney, spiced tomatoes 14

meze brunch, leek & chive tofu scramble, masala potatoes, braised hodmedod's green lentils, pumpkin hummus, romesco, spiced tomatoes, salsa macha, pita 16.5

sweet

toffee apple pancakes, apple compote, butterscotch, ginger crumb, maple anglaise, chantilly cream 12.5

blackberry & pistachio pancakes, thyme-infused blackberries, maple anglaise, chantilly cream, pistachio, pomegranate 12.5

chocolate chip bread & butter french toast, orange anglaise, brûléed banana, dark chocolate, candied pecans 14

sides

masala potatoes 4.5

tofu scramble 4

chipotle-maple beans 4

rashers 3.5

sausage 3.5

fries 4.5

brunch cocktails

lychee elderflower bellini, lychee, elderflower, prosecco 9
make it non-alcoholic: noughty 0% blanc de blancs

soft drinks

cold brew tea infusions 5.5
chamomile & basil / wild rooibos & lemon / rose chai with sproud

fresh juices 6.5
carrot, apple, ginger / pineapple, apple, ginger, turmeric / celery, cucumber, apple

dalston peach *330ml* 4

pimento ginger beer *250ml* 5

cold foam lattes

served over ice and topped with a fluffy oatly cold foam

mango matcha 6

smoked olive oil coffee 6

hot drinks

americano / espresso 3.1

flat white / latte / cappuccino 3.6

speciality lattes 5.5
matcha / chai

loose leaf teas by rare tea co. 3.6
speedy breakfast / rare earl grey / jasmine silver tip /
wild rooibos / whole chamomile flowers / malawi green

fresh mint tea / **fresh lemon & ginger tea** 3

hot chocolate 4
colombia, single origin, 55%

@mildredsrestaurants | mildreds.com

all our food and drink is plant-based. please tell us about any allergies. our kitchens have no nut-free or gluten-free areas, so traces may be present. a discretionary 12.5% service charge supports our staff.

kids

mains

pumpkin hummus dip daps	7
nuggies, peas & fries	8
banger, fries & beans	8.5
scrambled tofu rainbow rice	7.5

sweet

scoop of ice cream speak to our team for our daily flavours	3.5
nomo crispy mo creamy chocolate with crispy pieces	2

drinks

carrot, apple, ginger juice	6.5
pineapple, apple, ginger, turmeric juice	6.5
celery, cucumber & apple juice	6.5
dalston peach *330ml*	4
pimento ginger beer *250ml*	5

@mildredsrestaurants | mildreds.com


M
I
L
D
R
E
D
S

dessert

sticky toffee pudding 10
apple, butterscotch, vanilla ice cream
**20p from every sticky toffee pudding goes directly to spread a smile*

dark chocolate mousse 8.5
malt crumb, chantilly cream, sea salt

pistachio cheesecake 9.5
cherry compote, pistachio anglaise

white chocolate tiramisu 9.9

hot drinks

americano / espresso 3.1

flat white / latte / cappuccino 3.6

speciality lattes 5.5
matcha / chai

loose leaf teas by rare tea co. 3.6
speedy breakfast / rare earl grey / jasmine silver tip / wild rooibos / whole chamomile flowers / malawi green

fresh mint tea / **fresh lemon & ginger tea** 3

hot chocolate, colombia, single origin, 55% 4

cocktails

lime yuzu spritz 11
sapling vodka, lime coriander shrub, yuzu tonic

lychee martini 11
jaisalmer gin, lychee, rose, citrus

cucumber elderflower margarita 11
el tequileño blanco, cucumber, elderflower, citrus

pineapple aperol daiquiri 11
dropworks clear drop white rum, aperol, pineapple

cherry vanilla old fashioned 11
four roses bourbon, briottet cherry, vanilla, bitters

spiced apple cooler 11
dropworks white rum, winter spices,
pimento ginger beer

pink citrus spritz 0% 10
everleaf marine, artisan pink citrus tonic, grapefruit

lychee jasmine martini 0% 10
pentire adrift, lychee, citrus, jasmine infusion

small glass, big taste

a mini cocktail experience that's just the right size

cucumber elderflower margarita 5

cherry vanilla old fashioned 5