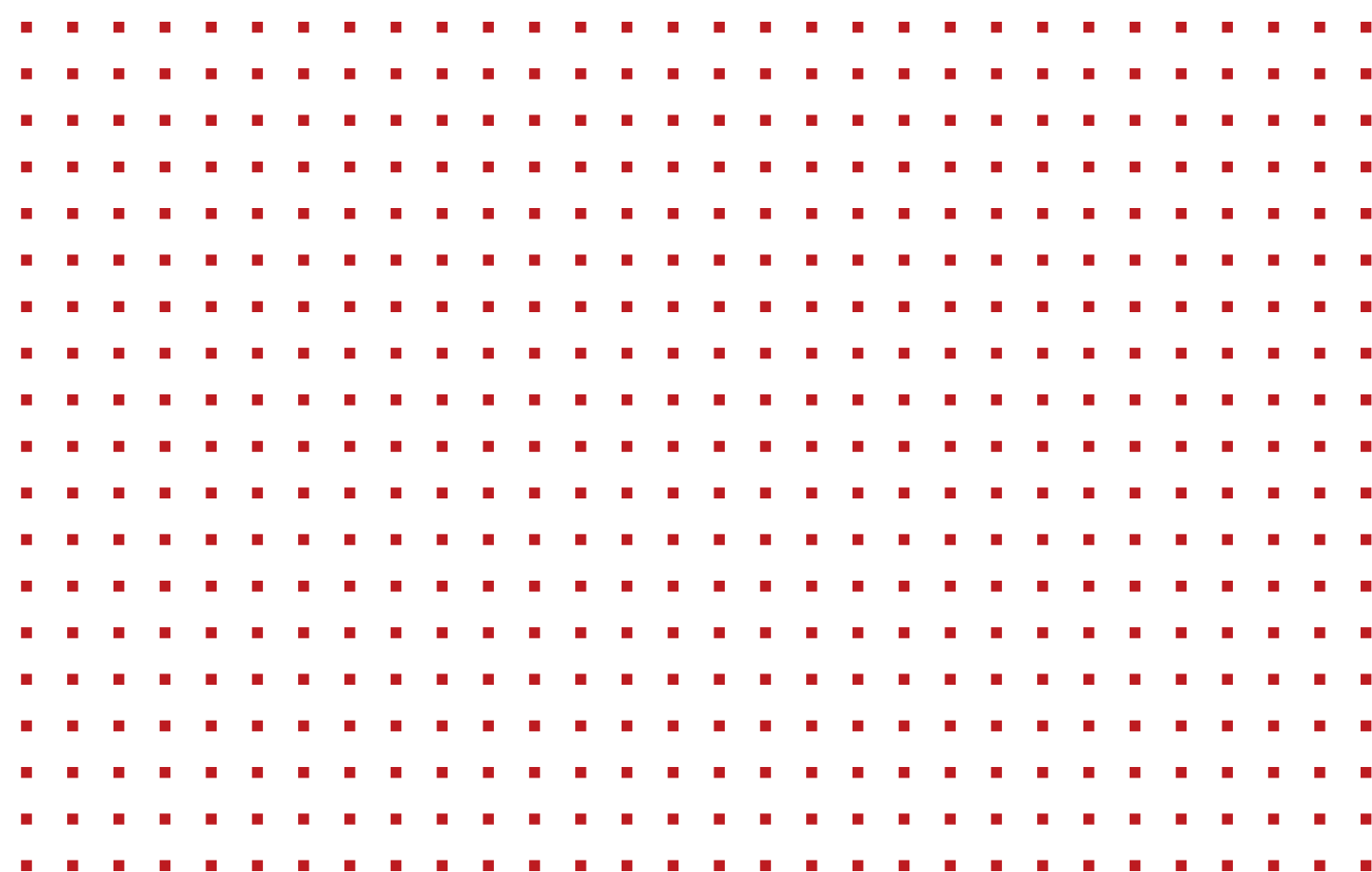


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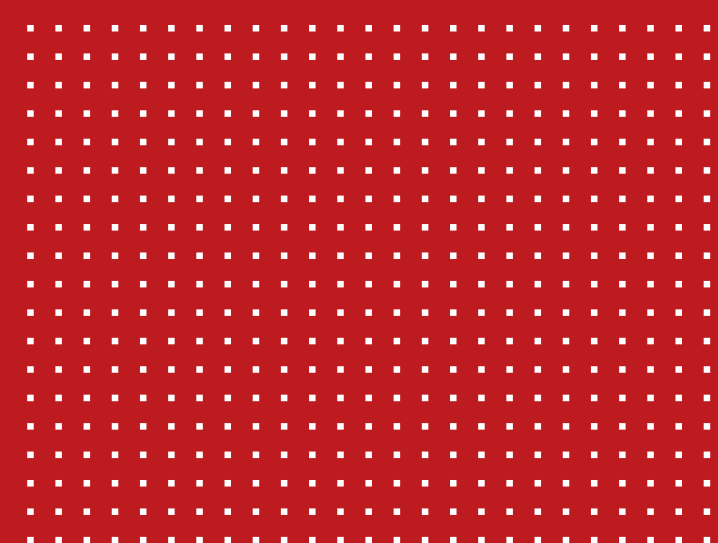


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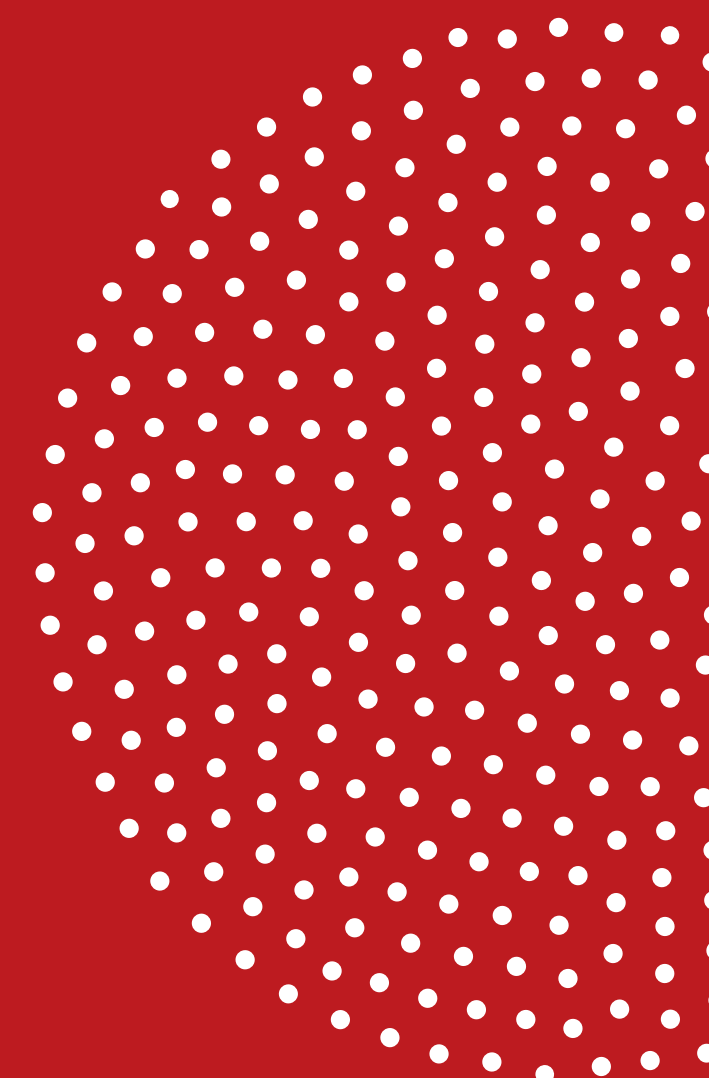
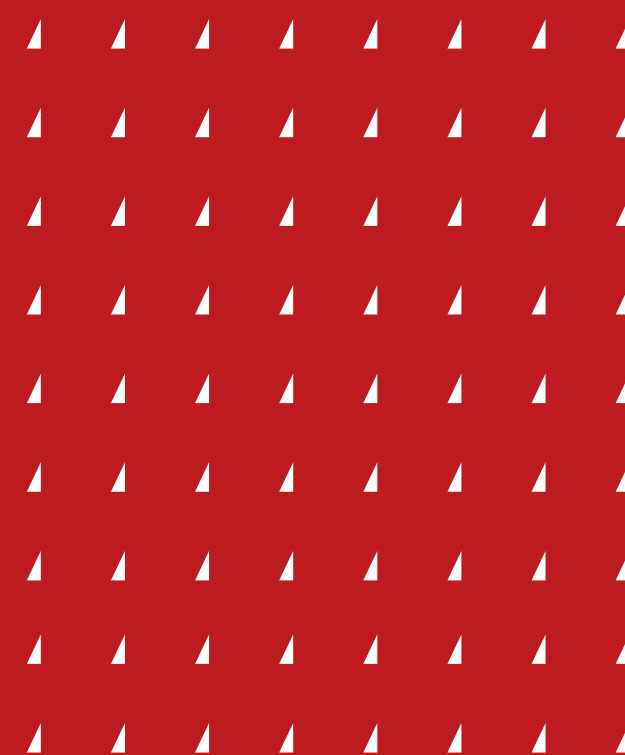


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Appetizers

Soft Bao Buns
Filled with fresh carrots, cucumbers, cilantro and sweet chili sauce. Served with your choice of crispy chicken or shrimp, served with a side of sesame soy sauce.
Chicken 11.99 | Shrimp 13.99

Fuego Rolls
Roasted long hot peppers folded in our three cheese blend in a crispy tortilla shell. Served with creamy buttermilk ranch.

Chicken Lettuce Wraps
Suitable for two! Roll your own lettuce wraps with grilled chicken tenderloin, cilantro lime rice, red onions, cucumbers, carrots, lettuce leaves and crispy asian noodles. Served with asian sesame dressing. Substitute with seared Ahi Tuna or Salmon 5

Cheesesteak Roll-Ups
Our homemade tortilla rolls baked to bubbling perfection with caramelized onions. Served with horseradish dijon.

Chicken Fingers
Breaded, all-white-meat chicken tenderloin. Served with honey mustard or BBQ sauce.

Mozzarella Sticks
Served six to an order with marinara sauce.

Onion Rings
Coated in breading and golden fried. Served with ranch dipping sauce.

White Cheddar Mac and Cheese
Shell pasta in aged white cheddar topped with a crunchy parmesan crumble.
Small 6.99 | Large 9.99

French Fries

Double Truffle Fries
Golden fried french fries tossed in truffle oil and topped with parmesan cheese. Served with truffle aioli sauce.

French Fries

Cheese Fries

Sweet Potato Fries
Served with horseradish dijon for dipping.

Mega Fries
Golden fried french fries baked with melted cheddar, mozzarella, and crispy bacon.

Prime Wings

Naked, Boneless or Breaded
5 Piece
10 Piece
20 Piece

Hot
Mango Habanero
Mild
Sweet Chili Zing
Blazing Bourbon
Honey BBQ

Hand Crafted Flatbreads

Short Rib Flatbread
Roasted garlic sauce, smoked gouda, garlic-creamed spinach, short rib, roasted red peppers, red onions and mozzarella. Topped with horseradish dijon.

Roasted Veggie Flatbread
Roasted vegetables (red and yellow peppers, green and yellow zucchini, eggplant), basil oil, mozzarella cheese, goat cheese, and balsamic glaze.

Chipotle Chicken Flatbread
Grilled chicken tenderloin, chipotle sauce, crispy bacon, jalapenos, and mozzarella cheese. Topped with chipotle sauce.

Margherita Flatbread
California-ripened tomato sauce, cherry tomatoes, fresh mozzarella and basil leaves.

Quesadillas

Filled with tomatoes, grilled onions, black beans, cilantro, corn, chipotle sauce and a blend of mozzarella and cheddar cheeses. Served with sour cream and salsa.

Chicken Quesadilla

Steak Quesadilla

Soups

Ask about soups of the day
Chicken Tortilla
Gumbo
Chicken Orzo
Lentil
Cream of Potato
Shrimp and Crab Bisque





Salad Entrees

Tasty additions to any salad

Seared Tuna 7	Egg 0,99	Salmon 7	Avocado 3

Seared Tuna & Avocado 15.99
Seared tuna on a bed of Three Bean Salad, with avocado and olive oil citrus dressing.

Garden Salad 10.99
Fresh salad mix, juicy tomatoes, red onions, carrots and mozzarella cheese. Served with ranch dressing. Add chicken 3

Caesar Salad 10.99
Fresh romaine greens, and shredded parmesan cheese. Served with Caesar dressing. Add chicken 3

Chef Salad 12.99
Home-roasted turkey breast, savory ham, boiled cage-free egg, served over juicy tomatoes, red onions, carrots, mozzarella cheese, fresh salad mix, and your choice of dressing.

Greek Salad 12.99
Fresh greens, Feta cheese, Kalamata olives, cucumbers, onions, green peppers, tomatoes, and a cage-free egg. Served with Greek dressing. Add chicken 3

Oriental Chicken Salad 12.99
Fresh salad mix, Mandarin oranges, almondflakes, tomatoes, Asian noodles and grilled chicken. Served with Asian ginger dressing.

Hot n Spicy Chicken Salad 12.99
Breaded buffalo chicken tenderloins sitting on a bed of fresh salad mix, juicy tomatoes, red onions, carrots and mozzarella cheese. Served with buffalo ranch dressing.

Chopped Power Salad 12.99
Grilled chicken, spinach, Feta cheese, tomatoes, carrots, red grapes, almonds and sweetened, dried cranberries. Served with honey Dijon mustard.

Southwest Chicken 12.99
Grilled spiced chicken sits atop a bed of fresh mixed greens and a savory blend of red onion, tomatoes, mozzarella cheese, corn kernels, black beans, and crispy tortilla chips. Served with southwest ranch.

Protein Power Salad 12.99
Baby spinach, edamame, dried blueberries, avocado, carrots, almonds, shredded coconut, and raspberry dressing. Add chicken 3

Wally Salad 12.99
Fresh salad mix, Mandarin oranges, dried cranberries, sliced avocado, apples, red grapes, walnuts and gorgonzola cheese with Balsamic Vinaigrette.

Dressings

Classics
Ranch, French, Italian, Honey Dijon Mustard, Balsamic Vinaigrette, Caesar, Bleu Cheese

Fat Free
Italian, Raspberry Vinaigrette, Ranch, Oil & Vinegar

Exotic
Asian Ginger Sesame, Lime Chipotle Vinaigrette

Rice Bowls

Our chefs have incorporated fresh ingredients into our new menu. These select nutrient-filled foods are packed with iron, calcium, fiber & antioxidants.

Baked Basil Sole 16.99
Baked lemon basil-crusted sole filet served with roasted yellow corn, broccoli and cherry tomatoes over cilantro lime rice.

Select Salmon Bowl 16.99
Baked salmon, cilantro lime rice, three bean salad, boiled egg, and thinly sliced carrots. Served with horseradish-basil dressing.

Ginger Tuna Bowl 16.99
Seared Ahi Tuna, sliced carrots, fresh cucumber, quinoa, and broccoli atop a bowl of our cilantro lime rice. Served with Asian ginger sesame dressing.

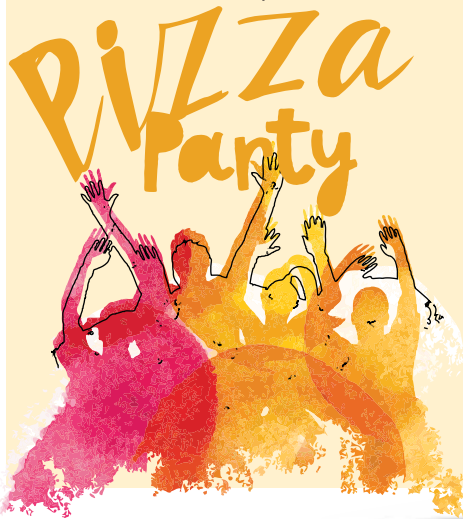
Chicken Burrito Bowl 12.99
Southwest grilled chicken, cilantro lime rice, black beans, corn, red onions, and cherry tomatoes. Served with chipotle ranch dressing.

Pizza



	Medium	Large	Square	Party
Plain Cheese	11.99	13.99	18.99	29.99
Margherita Pizza	11.99	13.99	18.99	29.99
White Ricotta	11.99	13.99	18.99	29.99
Toppings	2.99	3.99	4.99	6.99

Toppings

Proteins	Veggies	Others
Pepperoni	Roasted red peppers	Anchovies
Sausage	Caramelized onions	Pineapple
Ham	Kalamata olives	
Ground Beef	Broccoli	
Bacon	Mushrooms	
Steak 4 / 6	Jalapeno peppers	
Chicken 4 / 6	Roasted green peppers	
	Sweet peppers	
	Banana peppers	
	Spinach	



Specialty Pizza

	Medium	Large
White Double Heat 	16.99	20.99
<i>Roasted garlic and parmesan creamy sauce, double applewood smoked bacon, and oven baked long hot peppers with sweet chili sauce drizzle.</i>		
Roasted Veggie	16.99	20.99
<i>Tomato sauce, mozzarella, roasted vegetables, goat cheese.</i>		
Buffalo Chicken 	16.99	20.99
<i>Grilled chicken, bleu cheese, hot sauce and our special cheese blend.</i>		
White Vegetarian	16.99	20.99
<i>Roasted red peppers, onions, tomato, mushrooms, broccoli, Kalamata olives, ricotta and mozzarella cheese.</i>		
Meat Lovers	16.99	20.99
<i>The name says it all - loads of pepperoni, sausage, ham and bacon layered with our blended cheeses.</i>		
Special Pizza	16.99	20.99
<i>Stacked with pepperoni, sausage, meatball, mushrooms, onions, sweet peppers, Kalamata olives, and loaded with cheese.</i>		
Stuffed Steak	20.99	29.99
<i>Fresh homemade dough packed with chopped steak and four kinds of quality cheeses to create this filling pizza.</i>		



Wraps 11.99

Served with fries or caesar salad.

Southwest Chicken Wrap

Grilled spiced chicken and a savory blend of red onions, tomatoes, mozzarella cheese, corn, black beans, romaine lettuce and crispy tortilla chips topped with southwest ranch.

Lean Green

Tomato, cucumber, avocado, and spinach partner up with crunchy almonds, cage-free boiled eggs, and our Three Bean Salad drizzled with Creamy Southwest dressing.



Avocado Wrap

A fresh tortilla stuffed with savory oven-roasted chicken tenderloin, avocado, apple wood smoked bacon, romaine lettuce, mayo, tomatoes, fresh cilantro, and tangy lime dressing to bring together all the flavors.



Grilled Chicken Wrap

Served with all-white-meat, lettuce, tomato, red onion, apple wood smoked bacon and honey Dijon dressing.

Chicken Caesar Wrap

Tender chicken wrapped with romaine lettuce, parmesan cheese and Caesar dressing.

Spicy Buffalo Chicken Wrap



A mix of buffalo hot sauce and ranch dressing, breaded chicken tenderloins, romaine lettuce, red onions, apple wood smoked bacon and tomato.

Oven Baked 10.99

Add fries or a side caesar salad for 2.50

Meatball Sandwich

Meatballs smothered in marinara sauce and mozzarella cheese.

Chicken Parmigiana

Breaded chicken breast covered in mozzarella cheese and marinara sauce.

Crab Cake Sandwich 19.99

A Select homemade specialty! Light, fluffy and made with the best crab. Served atop a brioche bun with Tartar sauce.

Cold Subs 10.99

(Approximately 10 inch)

Add fries or a side caesar salad for 2.50

We slice our meats daily! Subs come with lettuce, tomato, onions and our homemade vinaigrette mix.

Turkey and American Cheese

Italian Sub

Genoa salami, capicola, peppered ham and provolone cheese.

Ham and American Cheese

Our premium turkey breast is sure to satisfy your taste. We only use the highest quality turkey that is slow roasted overnight in our stores.

Sesame Baguette Sandwiches

Add fries or a side caesar salad for 2.50

Pot Roast French Dip

14.99

Overnight oven roast beef chuck steak on a crunchy sesame baguette, dijon mustard and smoked Gouda with a homemade au jus.

Stacked Roasted Turkey



11.99

Roasted turkey, avocado, apple wood smoked bacon, tomato, red onion, cilantro aioli and lime vinaigrette.

Tuscan Roasted Veggie



11.99

Basil pesto, mayo, fresh roasted vegetables, Balsamic glaze and goat cheese.

Sliders

Easy to handle - Fun to Eat

Bite-sized sliders on mini brioche buns. Served with fries or caesar salad.

Crab Cake Sliders

19.99

Homemade crab cakes served atop our mini Brioche buns with tartar sauce.

Cheeseburger Sliders

11.99

Bite-sized burgers on mini Brioche buns with ketchup and mustard.

Pretzel Sandwiches

Served with fries or caesar salad.

Short Rib Pretzel Melt

13.99

Chipotle Aioli, bread and butter pickles, tender braised short rib, crispy fried onions, and aged provolone.

Black Bean Chicken Pretzel Melt

11.99

Black bean puree, jalapenos, grilled chicken, smoked gouda, tomato and fresh cilantro.

Steaks

(Approximately 10 inch)

Add fries or caesar salad for 2.50

Long Hot Cheesesteak

12.99

Thinly sliced premium steak topped with melted aged cheddar cheese and long hots.

Cheese Steak

11.99

American cheese melted over steak.

Chicken Cheese Steak

11.99

Grilled, marinated chicken breast with melted American cheese.

Buffalo Chicken Cheese Steak

12.99

Grilled chicken, American cheese, hot sauce, and bleu cheese.

Wiz Wit

12.99

Chopped tender steak smothered with fried onions and cheddar cheese

Burgers

Try it on a Pretzel Bun for only 1.00 more!

1/2 lb Fresh Angus Beef, Never Frozen. Served with fries or caesar salad.

Bacon Prime Burger

14.99

Topped with avocado, thick cut bacon, horseradish Dijon and smoked Gouda cheese.

Whiskey burger

14.99

Layered with white American cheese, crispy onion strips, chipotle aioli, and our perfectly whisked BBQ sauce.

Cheeseburger

12.99

Pick your toppings to finish off our flavorful hamburger.

All American

14.99

The classic with American cheese, ketchup, mustard, pickles, sliced red onions, crispy lettuce and ripe tomato.

The Incredible

16.99

Our plant-based burger joins lettuce, tomato, mayo, and house dill pickles for an incredibly delicious, meatless burger!

Rustics 11.99

Served with fries or caesar salad.

Coco Crunch

Lightly breaded crispy coconut chicken tenderloin on freshly baked rustic bread. Topped with spiced-up mayo, fresh cucumber, iceberg lettuce, sliced red onion, and lime chipotle dressing.

Ranchers Chicken Rustic

Grilled chicken, ranch dressing, provolone cheese, and roasted red peppers

Chicken Broccoli

Grilled chicken breast, steamed broccoli, tomato slice and provolone cheese with our special sauce drizzled atop.

Chicken Cordon Bleu

Grilled chicken, ham, Swiss and bleu cheese.

08 | 09





Protein Plate

Glazed Mediterranean Chicken

Roasted Salmon

Maryland Jumbo Lump Crab Cakes

Topsy Sacchetti

Fettuccine Alfredo with Chicken and Broccoli

Classic Pasta

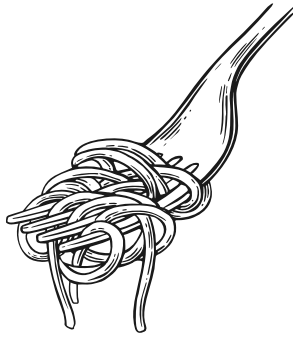
All Pasta served with homemade breadsticks.

- Topsy Sacchetti 19.99
- Spaghetti and Meatballs 15.99
- Cheese Ravioli and Meatballs 15.99
- Baked Ziti 16.99
- Fettuccine Alfredo 16.99

Creamy Alfredo sauce served over Fettuccine pasta.

Spice it up with:

- Broccoli 3
- Chicken 5
- Shrimp 7
- Crab Meat 7



Seafood

- Creamy Seafood Spaghetti 22.99
- Maryland Jumbo Lump Crab Cakes 35.99
- New Orleans Shrimp & Sausage 22.99

Chicken

- Chicken Parmigiana 20.99
- Chicken Fingers 15.99

Low-Carb Proteins



- Greek Lemon Basil Sole 16.99
- Roasted Salmon 16.99
- Seared Ahi Tuna 16.99
- Glazed Mediterranean Chicken 14.99
- Protein Plate 13.99

Kids Corner

- Grilled Cheese 9.99
- Mini Burgers & Fries 9.99
- Chicken Fingers & Fries 9.99
- Mozzarella Sticks & Fries 9.99
- Spaghetti & Meatballs 9.99
- White Cheddar Mac and Cheese 9.99

