

Marathon Week Menu

HEALTHY SNACKS \$10.50

Fruit Cup

Yogurt Parfait

Dried Nuts And Fruit Bars

Peanut Butter Plant Base Protein Bars

Veggies & Yogurt Mint Dip

Hummus & Pita Bread Chips

SALADS \$18.50

Nicoise Salad

Green Beans , Potato, Anchovies, Tomatoes, Boiled Eggs, Tuna

Cesar Salad With Salmon

Paradiso Salad

Mixed Green, Tomatoes, Cucumber, Black Olives, Goat Cheese, Chicken

BIG CARBS \$20.50

Pasta Salad

Anchovies, Tomato, Carrots, Celery, Spinach, Onions And Cranberries

Spaghetti & Meatballs

Eggplant Lasagna

Grilled Chicken with Brown Rice

Sweet Potatoes and Green Beans

CAFÉ

Paradiso