

MID-ATLANTIC Seafood

FROM THE SEA
TO YOUR TABLE

EST. 1996

We only produce good things, This is Mid Atlantic's mind.

APPETIZERS

Fried Okra	(sm) 6.49	(lg) 12.49
Fried Plantains	(sm) 6.99	(lg) 13.49
Onion Rings	(sm) 7.49	(lg) 14.49
Salmon Cake Bites	(5) 11.49	(10) 21.99
Crab Balls	(5) 17.99	(9) 33.99
Fried Green Tomatoes	(sm) 10.99	(lg) 20.99
Sweet Potato Fries	(sm) 5.99	(lg) 11.49
Mozzarella Sticks	(5) 7.49	(10) 14.49
Coconut Shrimp	(5) 10.99	(10) 19.99
Fried Mushroom	(sm) 7.49	(lg) 14.49
Fried Zucchini	(sm) 7.49	(lg) 14.49
Fried Corn Nuggets	(sm) 7.49	(lg) 14.49
Fried Calamari	(sm) 13.99	(lg) 25.99
Jalapeno Poppers	(sm) 8.49	(lg) 16.49
Fried Broccolis	(sm) 7.49	
Philly Cheesesteak Egg Rolls		(2) 5.99
Santa Fe Egg Rolls		(2) 5.99

FILLET FISH

SANDWICH

DINNER

♥ Dinner served with 2 side dishes and choice of bread

1. Whiting	(3)	9.49	15.49
	(4)	12.49	18.49
2. Trout	(3)	10.49	16.99
	(4)	13.49	19.49
3. Tilapia	(2)	10.99	16.99
	(3)	15.99	21.99
4. Catfish	(3)	15.99	21.99
	(4)	20.99	26.99
5. Flounder	(3)	13.99	19.99
	(4)	17.99	23.99
Haddock	(3)	15.99	21.99
	(4)	20.99	26.99
Cod	(3)	15.99	21.99
	(4)	20.99	26.99
Ocean Perch	(3)	13.99	19.99
	(4)	17.99	23.99
Red Snapper	(3)	17.99	23.99
	(4)	23.49	29.49
Baked Salmon	(1)	17.99	23.99

★ Baked or grilled \$1 extra

BONEFISH

SANDWICH

DINNER

Croaker	13.99	19.99
Porgy	14.99	20.99
Spot	14.99	20.99
Butterfish	14.99	20.99
Ling	14.99	20.99
Black Seabass	16.99	22.99
Rainbow Trout	17.99	23.99
Rockfish	18.99	24.99

6500 New Hampshire Ave.
Takoma Park, MD 20912
301 - 270 - 1262

www.MidAtlanticSeafood.org

STORE HOURS

The Lord's Day

Closed

Monday - Thursday

7:30am - 8:30pm

Friday - Saturday

7:30am - 9:00pm

CRABMEAT STUFFED SEAFOOD

DINNER

★ Stuffed with real jumbo lump crabmeat

Stuffed Shrimp	(6)	36.99
	(8)	45.99
Stuffed Salmon		34.99
Stuffed Flounder		30.99
Stuffed Tilapia		27.99
Stuffed Whiting		26.49

FRESH SIDE DISHES

Sm	4.99	Med	6.99	Lg	8.99
Family	13.99	King	17.99	Ex-King	23.99
• French Fries*		• Green Beans			
• Hush Puppies*		• Collard Greens			
• Sweet Corn		• Kale Greens			
• Steamed Broccoli		• Stir Fried Squash			
• Potato Salad		• Steamed Cabbage			
• Coleslaw		• Black Eye Peas			
• Teriyaki Green Beans					
• Fried Rice					
• Steamed Rice					
• Vegetable Lo Mein					
• Roasted Red Potatoes					
• Mashed Potatoes					
• Butter Beans					
• Homefries					
• Candied Yams					
• Broccoli & Cheese					

* Extra charge for individual side

Premium Sides

• Mac & Cheese(+.99¢)
• Fried Okra(+3.49)
• Garden Salad(+3.99)
• Fried Plantains(+3.99)
• Sweet Potato Fries(+2.99)
• Onion Rings(+4.49)
• Potato Wedges*(+3.49)
• Fried Mushroom(+4.49)
• Fried Zucchini(+4.49)

MID ATLANTIC FAMOUS CHICKEN

★ Baked, BBQ and Fried

SAND.

DINNER

1/4 Chicken	5.99	10.99
1/2 Chicken	10.99	15.99
1 Whole Chicken	18.99	37.99*
2 Whole Chickens	34.99	64.99**
3 Chicken Wings	7.49	13.49
5 Chicken Wings	11.99	17.99
10 Chicken Wings	21.99	27.99
15 Chicken Wings	29.99	49.99*
20 Chicken Wings	37.99	69.99**

• .89¢ extra for white meat

* Served with 3 large side dishes

** Served with 5 large side dishes

Chicken and Waffles with 2 SIDES 21.99

Fried Chicken Cutlets 16.99

★ We fry in 100% zero trans fat oil,
cholesterol free and low in saturated fat.

Prices subject to change without notice

PARTY WINGETTES

(Buffalo Mild, Honey BBQ, Lemon Pepper,
Old Bay, General Tso,
Mambo Mild, Mambo Sweet Hot, Teriyaki,
Thai Chili, Plain, Naked)

6 pcs. - 9.99 9 pcs. - 13.99 13 pcs. - 18.99
18 pcs. - 24.99 23 pcs. - 29.99 30 pcs. - 37.99

CHICKEN TENDERS & NUGGETS

♥Add two side dishes for \$5

• Tenders (3) 7.49 (5) 11.99 (9) 20.99
• Nuggets (6) 3.99 (12) 7.99 (20) 12.99

SEAFOOD PLATTER

		SAND.	DINNER
6.	11 Fried Oysters	11.99	17.99
7.	11 Fried Scallops	16.99	22.99
8.	Fried Calamari	13.99	19.99
9.	Ⓐ Crab Balls (6)	21.99	27.99
	Ⓑ Salmon Cake Bites (6)	13.49	19.49
	Ⓒ Jumbo Soft Shell Crabs (2)	21.99	27.99
10.	Ⓐ 9 Jumbo Fried Shrimp	14.99	20.99
	13 Jumbo Fried Shrimp	19.99	25.99
	Ⓑ 7 Coconut Shrimp	15.99	21.99
	Ⓒ Lightly Breaded Shrimp (1/2LB)	17.99	23.99
	Ⓒ BoomBoom Shrimp (9)	16.99	22.99
	Ⓓ Buffalo Shrimp (9)	16.99	22.99
11.	Crab Cakes (1)	16.99	22.99
	(Jumbo Lump Crabmeat) (2)	31.99	37.99
12.	Ⓐ 6 Shrimp, 2 Whiting		21.99
	Ⓑ 6 Shrimp, 2 Catfish		25.99
13.	3 Shrimp, 2 Scallops, 2 Oysters, 2 Whiting		22.99
14.	Ⓐ 7 Scallops, 2 Whiting		23.99
	Ⓑ 9 Oysters, 2 Whiting		22.99
15.	4 Shrimp, 3 Scallops, 2 Whiting		23.99
16.	4 Shrimp, 3 Oysters, 2 Whiting		21.99
17.	Ⓐ 5 Shrimp, 4 Scallops, 4 Oysters		24.99
	Ⓑ 7 Shrimp, 6 Scallops		27.99
	Ⓒ 7 Shrimp, 6 Oysters		23.99
18.	Ⓐ 1 Crab Cake, 6 Shrimp		31.99
	Ⓑ 1 Crab Cake, 4 Shrimp, 1 Whiting		31.99
	Ⓒ 1 Salmon Cake, 4 Shrimp, 1 Whiting		21.99
19.	Ⓐ 1 Crab Cake, 3 Shrimp, 3 Scallops		31.99
	Ⓑ 1 Crab Cake, 2 Shrimp, 2 Scallops, 2 Whiting		34.99
	Ⓒ 1 Crab Cake, 4 Shrimp, 4 Oysters		30.99
	Ⓓ 1 Crab Cake, 3 Shrimp, 2 Chicken Wings		31.99
20.	Ⓐ 1 Crab Cake, 3 Stuffed Shrimp		37.99
	Ⓑ 2 Whiting, 3 Stuffed Shrimp		28.99
21.	Ⓐ 2 Whiting, 3 Chicken Wings		19.99
	Ⓑ 2 Catfish, 3 Chicken Wings		23.99
	Ⓒ 6 Shrimp, 3 Chicken Wings		23.99
	Ⓓ 2 Whiting, 3 Shrimp, 3 Chicken Wings		25.99
	Ⓔ 2 Whiting, 1 Pork Chop, 2 Chicken Wings		21.99

JUMBO FRIED SHRIMP

9 pcs. 14.99 13 pcs. 20.99 18 pcs. 27.99
22 pcs. 32.99 28 pcs. 40.99 35 pcs. 49.99

GRILLED SHRIMP & SCALLOPS

DINNER

♥Served with Grilled Vegetables

Grilled Jumbo Shrimp (1/2lb) 23.99 (1lb) 37.99
Grilled Scallops (1/2lb) 29.99 (1lb) 45.99
Grilled Shrimp & Scallops (1/2lb) 32.99 (1lb) 48.99

STEAMED SEAFOOD

ONLY

Jumbo Spiced Shrimp (1/2lb) 10.99 (1lb) 18.99
Alaskan Snow Crab Legs Market Price

SEAFOOD SPECIALTIES

DINNER

Grilled Seafood Sampler 33.99

(Tilapia, Crabcake, Shrimp, Scallops)

Mixed Seafood Grill 44.99

(Grilled Salmon, Crabcake, Shrimp, Scallops)

Baked Salmon & Grilled Shrimp 31.99

Seafood Trio (Grilled Salmon, Shrimp, Scallops) 35.99

Silver Seafood Sampler 26.99

(2 Crab Balls, 2 Shrimp, 2 Scallops, 2 Oysters, 1 Whiting)

Gold Seafood Sampler 33.99

(Silver Seafood Sampler, Clams, Calamari)

Platinum Seafood Sampler 43.99

(Gold Seafood Sampler, 1 Soft Shell Crab)

Teriyaki Salmon 25.99

SPECIALTY ENTREES

BBQ Ribs

	SAND	DINNER		SAND	DINNER
(3)	10.49	16.49	(4)	13.49	19.49
(5)	16.49	22.99	(8)	23.99	29.99
(13)	36.99	56.99*			

BBQ Combos

Ⓐ 3 BBQ Ribs, 3 Chicken Wings 22.99

Ⓑ 3 BBQ Ribs, 1/4 Chicken 21.99

Ⓒ 3 BBQ Ribs, 2 Whiting 22.99

Vegetable Platter (4 Veggies) 14.99

Chicken Livers 14.99

S 5.99 M 8.99 L 16.99

Chicken Gizzards 15.99

S 6.99 M 9.99 L 17.99

Turkey Wings (2) 9.99 15.99

(3) 13.99 19.99

Pork Chops (2) 10.99 16.99

(3) 15.99 21.99

Meatloaf (1) 10.99 16.99

(2) 19.99 25.99

Salisbury Steak (1) 10.99 16.99

(2) 19.99 25.99

Chitterlings (1lb.) 31.99

S 13.99 M 19.99 L 25.99 F 37.99 K 49.99

Pig Feet (2) 12.99 18.99

DELIGHTFULLY DELICIOUS SOUPS

Clam Chowder, Gumbo (Shrimp & Sausage)

SM 6.99 MED 9.99 LG 12.99 FAM 18.99 K 24.99

Chicken Noodle

SM 5.99 MED 8.99 LG 10.99 FAM 15.99 K 20.99

Cream of Crab

SM 7.99 MED 10.99 LG 13.99 FAM 20.99 K 26.99

SANDWICHES & SUBS

SANDWICH SUB

★ MAKE IT A COMBO!

Add fries and large drink for 6.49

Add sweet potato fries and large drink for 7.49

Philly Cheesesteak		10.99
Philly Chicken Cheesesteak		10.99
Fish Fillet (Whiting)		10.99
Cheeseburger	11.99	
Bacon Cheeseburger	14.49	
Turkey Burger	10.99	
Tuna Salad	9.99	10.99
Chicken Salad	8.99	9.99
Grilled Chicken & Cheese		10.99
Crab Cake (Real Super Lump Crabmeat)	17.99	
Turkey Club (Triple Decker!)	10.99	
Jumbo Soft Shell Crab	13.99	
Oyster Po Boy		12.99
Shrimp Po Boy		12.99
Seafood Po Boy (Shrimp, Scallops, Oysters)		14.99
Buffalo Shrimp Po Boy		12.99
BoomBoom Shrimp Po Boy		12.99
General Tso Shrimp Po Boy		12.99
Sweet Chili Shrimp Po Boy		12.99
Honey Garlic Shrimp Po Boy		12.99
B.L.T.	7.99	
Salmon Cakes (2)	12.99	
Turkey Breast	7.99	

FRESH SALADS

(Ranch, Blue Cheese, Italian, Thousand Island, French, Balsamic Vinaigrette)

Garden Salad	6.99	10.99
Chicken Salad (Grilled, Crispy, or Classic)		14.99
Tuna Salad		15.99
Chef Salad		15.99
Shrimp Salad (Grilled or Cold)		17.99
Grilled Shrimp and Chicken Salad		19.99
Grilled Salmon and Shrimp Salad		22.99
Petit Shrimp Salad		9.99

DESSERTS

Peach Cobbler, Banana Pudding, Bread Pudding,
Watermelon, Mixed Fruits, Funnel Cake Fries

Cakes

Premium Carrot Cake	Red Velvet Cake
Triple Chocolate Cake	Strawberry Short Cake
Oreo Cake	Strawberry Cheesecake
Pineapple Upside Down Cake	Red Velvet Cheesecake
Yellow Cake with Chocolate Icing	Oreo Cheesecake
Yellow Cake with Lemon Icing	
Yellow Cake with Butter Cream Icing	
Yellow Cake with Strawberry Icing	

Gourmet Pies

Sweet Potato Pie	Lemon Meringue Pie
French Apple Pie	

100% REAL FRUIT SMOOTHIES

Sm \$ 5.99 Med \$ 7.49 Lg \$ 8.99 J \$ 10.49

Strawberry, Pineapple, Mango Smoothie

Strawberry Banana Strawberries and bananas

Kale, Mango, Pineapple, Banana Smoothie (+\$1)

Ginger and Green Kale, Mango, Lemon, Ginger (+\$1)

Green Monster Kale, Pineapple, Cucumber, Lemon (+\$1)

Mango and Pineapple Smoothie

Pineapple Delight Pineapple, Orange Juice & Banana

Tropical Thunder Strawberry, Banana and Mango

Blueberry, Strawberry & Banana Smoothie

Aloha Colada Pineapple, Banana, Pina Colada (+\$1)

Paradise Point Pineapple, Strawberry & Banana

Strawberry Lemonade Strawberries and Lemonade

Peanut Butter and Banana Smoothie

Tropi-Kale Kale, Mango, Pineapple, Papaya (+\$1)

Flax Seeds 2.49 Protein Boost 2.49 Extra Fruits 2.49

Chia Seeds 2.49 Hemp Seeds 2.49

LUNCH SPECIALS

♥All Lunch specials served with medium fountain drink♥

Mon-Thur 11AM-2PM

1) 2 Fried Whiting with 2 SIDES	12.49
2) 2 Fried Catfish with 2 SIDES	15.99
3) 2 Fried Flounder with 2 SIDES	14.99
4) 7 Jumbo Shrimp with 2 SIDES	16.99
5) 1 Whiting & 3 Shrimp with 2 SIDES	13.99
6) 1 Whiting & 2 Fried Wings with 2 SIDES	13.99
7) Chicken Leg Quarter with 2 SIDES	12.49
8) 1 Rib & 2 BBQ Wings with 2 SIDES	14.99
9) 1 Fried Croaker with 2 SIDES	12.99
10) Steak and Cheese with FRIES	14.99
11) Chicken Salad	13.99

FAMILY MEALS

1. 12 Whiting with 3 large sides	56.99
2. 9 Whiting and 9 Chicken Wings with 3 large sides	67.99
3. 9 Catfish and 9 Chicken Wings with 3 large sides	86.99
4. 9 Whiting and 12 Shrimp with 3 large sides	65.99
5. 6 Tilapia and 12 Shrimp with 3 large sides	60.99
6. 1 Whole Chicken and 8 Whiting with 3 large sides	64.99
7. 2 Whole Chicken, 12 Whiting and 18 Shrimp with 5 large sides	136.99
8. 8 BBQ Ribs and 1 Whole Chicken with 3 large sides	63.99
9. 12 BBQ Ribs and 12 Chicken Wings with 4 large sides	97.99

KIDS' MEALS

♥All kids' meals served with fountain drink♥

A. 2 Chicken Wings and 1 Chicken Tender with fries	9.99
B. 3 Chicken Tenders with fries	9.99
C. 6 Chicken Nuggets with fries	7.99
D. Grilled Cheese Sandwich with fries	8.99
E. 1 Whiting and 1 Chicken Wing with fries	8.49