# LUNCH

#### **SANDWICHES**

## Smashed Falafel Wrap VEG

cucumber sumac raita, pickled fresno, tomato, red onion, feta / 13

#### Ranch Fried Chicken

cheddar, pepper relish, pecorino ranch / 11.5

### Fried Chicken & Egg

pepper jack cheese, egg, hot honey / 11.5

#### **Chicken Shawarma Pita**

seed and mill tahini dressing, cucumber, pickled red onion, roasted tomatoes / 19.95

#### Chipotle Cheddar Bacon Smashburger

special sauce, white cheddar, red onion, pepper relish / 13.5

## SB Smash Burger \*

special sauce, american cheese, shredded lettuce / 12.95 make it a double +5

#### Impossible Burger VEG

special sauce, american cheese, shredded lettuce / 13.5

make it a double +5

## Galabrian Fried Chicken Gaesar Wrap

calabrian caesar dressing, crushed croutons, romaine, light red onion, pecorino / 13.25

## add onto any sandwich

rosemary-pepper fries +3.5 chips +2 greens +3



extra crispy fried chicken bites with buttermilk brine, herbs, and spices

**6 piece** / 8.75 **12 piece / 14.5** 20 piece / 22.25



#### SAUCES

pecorino ranch, spicy bird bath, chipotle bbq, honey mustard, sweet & sour

extra sauce / .95 sauce flight / 3.95

#### SIDES

Rosemary & Black Pepper Fries GF VG / 8 Green Salad GF VG /7 Potato Chips / 2.5

Really Big Chocolate Chip Cookie / 3.25

#### **WARM GRAIN & GREEN BOWLS**

all bowls made with lentils & brown rice

#### **Veggie Power Bowl GF VEG**

sliced avocado, kale, carrot, soybeans, sunflower seeds, basil pistou / 13.25

#### **Umami Bowl GF VEG**

roasted carrots, kale, mushroom, ginger-miso dressing, togarashi / 13

## **Colors of Summer Bowl GF VG**

sweet corn succotash, soy beans, tarragon vinaigrette, pine nuts / 13.5

#### add on to any bowl

herb tofu +2.5 egg +2 avocaďo +2.75 rotisserie chicken +5.5

shrimp +9 fried chicken +6 falafel +6



#### **Half Bird GF**

Choice of sauce / 14.75

## Whole Bird GF

choice of sauce / 26.95

#### Piri Piri Chicken GF

bright & spicy sauce half bird, herb fries / 21.95

+ rosemary & black pepper fries / 3.5 + greens / 3 + extra sauce / .95 + sauce flight / 3.75

## SOUP & SALAD

## **Roasted Tomato Soup VG**

coconut milk, herb croutons / 12

## Strawberry Watermelon Salad GF VEG

mint, cucumber, feta, agave-lime vinaigrette / 14

## "Big Chicken" Salad

rotisserie (GF) or fried chicken, bacon cucumber, tomato, honey mustard dressing / 16.95

## **Caesar Salad**

romaine, parmesan, croutons / 13.25

#### Little Leaf Greens GF VG

cherry tomatoes, marinated cucumber. sunflower seeds, house vinaigrette / 12.95

## add on to any salad

herb tofu +2.5 egg +2 avocad5 +2.75 rotisserie chicken +5.5

shrimp +9 fried chicken +6 falafel +6



## GF Gluten Free / VEG Vegetarian / VG Vegan

or eggs may increase the risk of foodborne illness. Please inform your server of any food allergies before ordering.

Please note a 4% kitchen appreciation fee will be added to all transactions to support operations during this time. This is not a gratuity. Please enquire with a manager for questions.