

LUNCH

SANDWICHES

Seared Halloumi Pita VEG
harissa-piparra vinaigrette, cucumbers,
carrots, mint & parsely / 13.52

Ranch Fried Chicken
cheddar, pepper relish, shredded lettuce,
pecorino ranch / 11.96

Fried Chicken & Egg *
pepper jack cheese, egg, hot honey,
hawaiian roll / 11.96

Chicken Shawarma Pita
seed and mill tahini dressing, cucumber,
pickled red onion, roasted tomatoes / 13.47

Chipotle Cheddar Bacon Smashburger
special sauce, white cheddar, red onion,
pepper relish, sesame bun / 14.04

SB Smash Burger
special sauce, american cheese,
shredded lettuce, sesame bun / 13.47
make it a double +5

Impossible Burger VEG
special sauce, american cheese,
shredded lettuce, sesame bun / 14.04
make it a double +5

Calabrian Fried Chicken Caesar Wrap
calabrian caesar dressing, crushed croutons,
light red onion, romaine, pecorino / 13.78

add onto any sandwich
rosemary-pepper fries +3.64
chips +2
greens +3

SB DUNKS

extra crispy fried chicken bites with
buttermilk brine, herbs, and spices

6 piece / 10
12 piece / 16
20 piece / 23



SAUCES

pecorino ranch, spicy bird bath, chipotle
bbq, honey mustard, sweet & sour

extra sauce / 1.00
sauce flight / 4

SIDES

Rosemary-Pepper Fries GF VG /8.32

Green Salad GF VG /7.28

Potato Chips /2.60

Really Big Chocolate Chip Cookie /3.38

WARM GRAIN & GREEN BOWLS

all bowls made with lentils & brown rice

Veggie Power Bowl GF VEG
sliced avocado, spinach, carrot, soybeans,
sunflower seeds,
basil pistou / 13.78

Spiced Mushroom Bowl GF VEG
spinach, puffed rice, cilantro, fried shallots,
furikake, miso vinaigrette / 13.52

Maple Chipotle Bowl GF VEG
shaved brussel sprouts, roasted butternut
squash & carrots,
candied pumpkin seeds / 14.04

add on to any bowl	shrimp +9.36
herb tofu +2.60	fried chicken +6.24
egg +2.10*	falafel +6.24
avocado +2.86	
rotisserie chicken +5.72	

→ ROTISSERIE ←

Half Bird GF
Choice of sauce / 15.34

Whole Bird GF
choice of sauce / 28.03

Piri Piri Chicken GF
bright & spicy sauce
half bird, herb fries / 22.83

+ rosemary &
black pepper fries / 3.64
+ greens / 3.12
+ extra sauce / .99
+ sauce flight / 4.11

SOUP & SALAD

Fairytale Pumpkin Soup VG
harissa, coconut, pickled cranberry,
pepitas / 12.48

Roasted Beet & Arugula Salad GF VEG
goat cheese, pistachio, dill,
raspberry vinaigrette / 14.56

“Big Chicken” Salad
rotisserie (GF) or fried chicken, bacon
cucumber, tomato, honey mustard
dressing / 17.63

Caesar Salad
romaine, parmesan, croutons / 13.78

Little Leaf Greens GF VG
cherry tomatoes, marinated cucumber,
sunflower seeds, house vinaigrette / 13.47

add on to any salad	
herb tofu +2.60	shrimp +9.36
egg +2.08 *	fried chicken +6.24
avocado +2.86	falafel +6.24
rotisserie chicken +5.72	



GF Gluten Free / **VEG** Vegetarian / **VG** Vegan

*These items are cooked to order and may be served raw or undercooked. Consuming raw or undercooked meats, seafood, shellfish, or eggs may increase the risk of foodborne illness. Please inform your server of any food allergies before ordering.