

lunch is from 11am \*til 3pm weekdays

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## LUNCH

### SANDWICHES

- Smashed Falafel Wrap VEG**  
cucumber sumac raita, pickled fresno, tomato, red onion, feta / 13
- Ranch Fried Chicken**  
cheddar, pepper relish, pecorino ranch / 11.5
- Fried Chicken & Egg**  
pepper jack cheese, egg, hot honey / 11.5
- Chicken Shawarma Pita**  
seed and mill tahini dressing, cucumber, pickled red onion, roasted tomatoes / 12.95
- Chipotle Cheddar Bacon Smashburger\***  
special sauce, white cheddar, red onion, pepper relish, sesame bun / 13.5
- SB Smash Burger\***  
special sauce, american cheese, shredded lettuce, sesame bun / 12.95  
make it a double +5
- Impossible Burger VEG**  
special sauce, american cheese, shredded lettuce, sesame bun / 13.5  
make it a double +5
- Calabrian Fried Chicken Caesar Wrap**  
calabrian caesar dressing, crushed croutons, romaine, light red onion, pecorino / 13.25
- add onto any sandwich**  
rosemary-pepper fries +3.5  
chips +2  
greens +3

### WARM GRAIN & GREEN BOWLS

- all bowls made with lentils & brown rice
- Veggie Power Bowl GF VEG**  
sliced avocado, kale, carrot, soybeans, sunflower seeds, basil pistou / 13.25
- Umami Bowl GF VEG**  
roasted carrots, kale, mushroom, ginger-miso dressing, togarashi / 13
- Colors of Summer Bowl GF VG**  
sweet corn succotash, soy beans, tarragon vinaigrette, pine nuts / 13.5
- add on to any bowl**  
herb tofu +2.5  
egg +2  
avocado +2.75  
rotisserie chicken +5.5  
shrimp +9  
fried chicken +6  
falafel +6

→ ROTISSERIE ←

**Half Bird GF**  
choice of sauce / 14.75

**Whole Bird GF**  
choice of sauce / 26.95

**Piri Piri Chicken GF**  
bright & spicy sauce  
half bird, herb fries / 21.95  
  
+ rosemary-pepper fries / 3.5  
+ greens / 3  
+ extra sauce / .95  
+ sauce flight / 3.75

## SB DUNKS

- extra crispy fried chicken bites with buttermilk brine, herbs, and spices
- 6 piece** / 8.75
- 12 piece** / 14.5
- 20 piece** / 22.25



### SAUCES

- pecorino ranch, spicy bird bath, chipotle bbq, honey mustard, sweet & sour
- extra sauce** / .95
- sauce flight** / 3.95

### SIDES

- Rosemary-Pepper Fries GF VG** / 8
- Green Salad GF VG** / 7
- Potato Chips** / 2.5
- Really Big Chocolate Chip Cookie** / 3.25

### SOUP & SALAD

- Roasted Tomato Soup VG**  
coconut milk, herb croutons / 12
- Strawberry Watermelon Salad GF VEG**  
mint, cucumber, feta, agave-lime vinaigrette / 14
- “Big Chicken” Salad**  
rotisserie (GF) or fried chicken, bacon cucumber, roasted tomato, honey mustard dressing / 16.95
- Caesar Salad**  
romaine, parmesan, croutons / 13.25
- Little Leaf Greens GF VG**  
roasted tomatoes, marinated cucumber, sunflower seeds, house vinaigrette / 12.95
- add on to any salad**  
herb tofu +2.5  
egg +2  
avocado +2.75  
rotisserie chicken +5.5  
shrimp +9  
fried chicken +6  
falafel +6



GF Gluten Free / VEG Vegetarian / VG Vegan

\*These items are cooked to order and may be served raw or undercooked. Consuming raw or undercooked meats, seafood, shellfish, or eggs may increase the risk of foodborne illness. Please inform your server of any food allergies before ordering.  
Please note a 4% kitchen appreciation fee will be added to all transactions to support operations during this time. This is not a gratuity. Please enquire with a manager for questions.