OUR MENU

CONTAINS NUTS

GF GLUTEN FREE

VEGETARIAN

VG VEGAN

* CONSUMING RAW/UNDERCOOKED PRODUCT MAY CAUSE FOODBORNE ILLNESS

SHAREABLES

SPICY CRUNCHY MUNCHY **BRUSSELS SPROUTS VG GF**

CRISPY BRUSSELS SPROUTS, SWEET CHILE MISO GLAZE, CANDIED PUMPKIN SEEDS, PEDERNALES & ENGEL FARMS PICKLED CHILES, TOASTED SESAME 9

CASHEW QUESO VG N GF

PICO DE GALLO, VEGAN "TACO MEAT" 10 ADD ESCABECHE +2.5 / ADD GUACAMOLE +2.5

SALADS

ADD A PROTEIN TO ANY SALAD TOFU 5 / CHICKEN 4/7.5 / SEARED SALMON FILLET 10 * / SEARED SHRIMP 8 *

SPRING HARVEST V GF

GREENS, LONESTAR GOAT CHEESE, RED & GOLDEN BEETS, SPRING ASPARAGUS, ROTATING RADISH, FRESH STRAWBERRIES, BRUSSELS, SUNFLOWER SEEDS, SPROUTS ALIVE SUNFLOWER SPROUTS, FRESH HERB VINAIGRETTE 15

CHOPPED GREEN SALAD V

HERB & SCALLION MARINATED CHICKPEAS, FETA, AVOCADO, ROMAINE, ENGLISH CUCUMBER CASTELVETRANO OLIVES, HOUSE CROUTONS. **RED WINE & SHALLOT VINAIGRETTE 15**

TACO VG GF

BABY KALE, ROMAINE, VEGAN "TACO MEAT," AVOCADO, GRILLED CORN, TOMATO, KIDNEY BEANS, PICKLED ONION, JICAMA, PEPITAS, CILANTRO, TORTILLA STRIPS, I FMON VINAIGRETTE 16.5

BUBBY SALAD *

HOUSE SMOKED SALMON, KALE, JAMMY EGG, WHITE MOUNTAIN YOGURT LABNEH, PICKLED RED ONION, VILLAGE FARMS CHERRY TOMATOES, SUNFLOWER SPROUTS, FRIED SHALLOT & SESAME SEED MIX, SLOW DOUGH CIABATTA CROUTONS, I FMON VINAIGRETTE 19.5

ASIAN CHICKEN SALAD GFN

ROAST CHICKEN, NAPA CABBAGE, ROMAINE, SWEET POTATO NOODLES, CURED CUCUMBER, BROCCOLI, BEAN SPROUTS, J&D FARMS GREEN BEANS, TOASTED CASHEWS, CILANTRO, WHITE SESAME SEEDS, TOSSED WITH A SESAME-TAMARI VINAIGRETTE AND SERVED WITH A SIDE OF SAMBAL-PEANUT SAUCE 18.5

SANDWICHES

SERVED WITH CHOICE OF 2 SIDES OR A CUP OF SOUP. SUB GLUTEN FREE BREAD 3.

"CRUNCHY" CHICKEN N

OVEN ROASTED CHICKEN, NUT-SEED CRUMBLE, CRUSHED CHIPS, TOMATO, LETTUCE, HOUSE PICKLES, PROVOLONE, RANCH, PRETZEL BUN 16.5

TRUFFLED EGG SALAD V

VITAL FARM EGGS, GREENS, TOMATO, PARMESAN, AIOLI, PRETZEL BUN 14.5

BANH MI

CHARRED F.L.F. PORK, PICKLED ONION, CUCUMBER-CARROT MIX, JALAPEÑO, CILANTRO, SAMBAL, AIOLI, FRENCH ROLL 16 **MAKE IT VEGAN WITH NON GMO UNCLE PHAN'S FRESHTOFU & VEGAN AIOLI

GULF SEAFOOD POBOY *

SHRIMP & BLUE CRAB, TOMATO, LETTUCE, PICKLED ONION, GREEN GODDESS DRESSING, FRENCH ROLL 18.5

GARDEN SAMMIE VG

BRUSSELS, AVOCADO SPREAD, HUMMUS, CURRIED CAULIFLOWER, PICKLED RED ONION, TOMATO, SPROUTS, CIABATTA 14

BORRACHO BEEF

MEXICAN STYLE BRAISED 44FARMS BEEF, GRILLED RED ONION, CILANTRO-CABBAGE SLAW, PICKLED PEPPERS, TOMATO, PROVOLONE, AIOLI, AU JUS, CIABATTA 20

AVOCADO B.L.T. *

CRISPY BACON, KALERA FARM KRUNCH LETTUCE, HEIRLOOM TOMATO, FRIED EGG, AVOCADO, AIOLI. SOURDOUGH 17

**CLUB IT UP BY ADDING CHICKEN & PROVOLONE +5.5

HOUSE CURED & SMOKED SALMON

AVOCADO SPREAD, LONESTAR HERB MEDLEY, FENNEL, PICKLED RED ONION, TOMATO, MIRIN CARROTS, SOURDOUGH 18.5

HOUSEMADE SIDES

HOUSEMADE CHIPS GF VG OLD BAY SEASONING

STRAWBERRIES VG GF GINGER SIMPLE & FRESH BASIL

RED POTATO SALAD V GF EGG, MUSTARD, DILL, HONEY

TUSCAN KALE V GF N RAISINS, PARMESAN, PINE NUTS

ESCABECHE VG GF

CAULIFLOWER, CARROT, JALAPENO

PICKLE SPEARS VG GF **HOUSE BRINED**

SOUP CUP 5 / BOWL 8.5

OUR CLASSIC CHICKEN POSOLÉ GF POBLANO, GREEN CHILES, HOMINY, CILANTRO & PLIMPKIN SEED GARNISH

LEEK & WILD RICE MINESTRONE VG GF WHITE BEANS, LOCAL ZUCCHINI, ROASTED RED PEPPER, TOMATO, ONION, CARROT, CELERY

BOWLS

TEMPEH+GRILLED MUSHROOM POWER BOWL VG GF N

HERB MARINATED & GRILLED HI FI MYCOLOGY OYSTER & LION'S MANE MUSHROOMS, FLYING TEMPEH BROTHERS SAUSAGE, MASSAGED KALE, CASHEW-RED PEPPER PUREE, JASMINE RICE & QUINOA, SUNFLOWER SPROUT SALAD 19 ADD TOFU 5 - CHICKEN 4/7.5 - SEARED SALMON FILLET 10 * - SEARED SHRIMP 8 * (NOT AVAILABLE BEFORE 4PM ON WEEKENDS)

CHICKEN AND FARRO BOWL

HERB MARINATED GRILLED CHICKEN BREAST. ARUGULA PESTO DRESSED FARRO, BROCCOLI, SHAVED FENNEL. SHAVED GREEN APPLE, FRENCH FETA, SPROUTS ALIVE SUNFLOWER SPROUTS 19.5

SALMON POKE GF*

HOUSE SESAME-TAMARI MARINATED SALMON, JASMINE-QUINOA RICE, SHAVED RED RADISH, SESAME CUCUMBER, CABBAGE, FRESH STRAWBERRIES, BROCCOLI-MISO CRUNCH, NORI AIOLI, BLACK SESAME

SASHIMITUNA & AVOCADO BOWL GF*

RAW SUSHI GRADE AHITUNA TOSSED IN SESAME PONZU, AVOCADO, STRAWBERRIES, RED BEETS, JICAMA, SESAME CUCUMBERS, NAPA CABBAGE, RED RADISH, GINGER-SCALLION SAUCE, SPROUTS ALIVE SUNFLOWER SPROUTS, TOASTED SESAME SEEDS 25

KIDS

SERVED WITH YOUR CHOICE OF FRUIT. PICKLES. OR CHIPS

KIDS CRUNCHY CHICKEN

CRUSHED CHIPS, PROVOLONE, BUTTERMILK RANCH, PRETZEL BUN 10

KIDS PEANUT BUTTER & JELLY N VG

PRFT7FI BUN 7.5

KIDS GRILLED CHEESE V

PROVOLONE, PRETZEL BUN 7.5

DRINKS

BUBBLER BAR 4.5

ICED TEAS, SEASONAL LEMONADES, AGUA FRESCA

GREEN MONKEY SMOOTHIE 8 VG GF

CHIA, FLAX, APPLES, SPINACH, KALE, BASIL, LIME JUICE, PINEAPPLE, AVOCADO, DATES

KOSMIC KOMBUCHAS 4.5

LOCAL. LEMON. LOVE. / MINT JULEP / SALTY DOG

ZILKER BREWING CO. HOP WATER 3.5 (NON-ALCOHOLIC)

GOOD SPIRITS HEMP MOOD-ENHANCERS 7.5 (NON-ALCOHOLIC)

ASSORTED CANNED/BOTTLED BEVERAGES 2.5 - 7.5