

OUR MENU

- N CONTAINS NUTS/SEEDS
- GF GLUTEN FREE
- V VEGETARIAN
- VG VEGAN

APPETIZERS

- CASHEW QUESO VG N GF

PICO DE GALLO, VEGAN "TACO MEAT", TORTILLA CHIPS 9
- VEGAN SPINACH DIP VG N GF

CASHEW CREAM, HEARTS OF PALM, CRISPY GARLIC, TORTILLA CHIPS 11

APPETIZER & WINE COMBO \$28
SELECT RED, WHITE OR ROSE BOTTLE WITH AN APPETIZER

SALADS

ADD A PROTEIN TO ANY SALAD TOFU 3 / CHICKEN 5 / SHRIMP 6 / SALMON 8

- SPRING HARVEST V GF N

MIXED GREENS, BRUSSELS SPROUTS, RED & GOLDEN BEETS, TX GOAT CHEESE, SPROUTS, ASPARAGUS, STRAWBERRIES, SUNFLOWER SEEDS, RADISH, FRESH HERB VINAIGRETTE 13.5
- TACO VG GF N

KALE, ROMAINE, WOODLANDS' TEMPEH, KIDNEY BEANS, AVOCADO, CILANTRO-CORN, TOMATO, PICKLED ONIONS, CRISPY TORTILLA, PUMPKIN SEEDS, LEMON VINAIGRETTE 15
- GRILLED SHRIMP CAESAR

HERB MARINADE, ROMAINE, GARLIC CROUTONS, TOMATOES, PARMESAN, CAESAR DRESSING 17

- ASIAN CHICKEN GF N

NAPA CABBAGE, ROMAINE, CURED CUCUMBER, BROCCOLI, GREEN BEANS, CASHEWS, CILANTRO, SESAME SEEDS, SOY VINAIGRETTE, SAMBAL-PEANUT SAUCE 15.25
- CHIMICHURRI SALMON GF N

ARUGULA, KALE, & FRISEE, TOSSED WITH SLICED FENNEL, APPLE, AND KOHLRABI, MARINATED BEETS, TOASTED HAZELNUTS, RICOTTA SALATA, CRISPY PARSNIPS, MEYER LEMON VINAIGRETTE 19

ANY SANDWICH MAY BE PREPARED AS A SALAD!

SANDWICHES

SERVED WITH YOUR CHOICE OF 2 SIDES OR A CUP OF SOUP.
NEW LOCALLY MADE GLUTEN FREE BREAD!!

- TRUFFLED EGG SALAD V

VITAL FARMS EGGS, GREENS, TOMATO, PARMESAN, AIOLI, PRETZEL BUN 14
- "CRUNCHY" CHICKEN N

NUT-SEED CRUMBLE, CRUSHED CHIPS, TOMATO, LETTUCE, HOUSE PICKLES, PROVOLONE, BUTTERMILK RANCH, PRETZEL BUN 15.25
- HOUSE CURED & SMOKED SALMON N

"EGGY" CREAM CHEESE, DILL PICKLES, ONION JAM, "EVERYTHING" BAGEL 16
- "BANH MI"

CHARRED F.L.F. PORK, PICKLED ONION, CUCUMBER-CARROT MIX, JALAPEÑO, CILANTRO, SAMBAL, AIOLI, FRENCH ROLL 14.5
(MAKE IT VEGAN BY SUBSTITUTING TOFU & VEGAN AIOLI VG)
- AVOCADO B.L.T.

CRISPY BACON, FRIED EGG, HEIRLOOM TOMATO, BIBB LETTUCE, AVOCADO, AIOLI, SOURDOUGH 16
- GULF SEAFOOD

BLUE HORIZON SHRIMP & BLUE CRAB, TOMATO, PICKLED ONION, GREEN GODDESS DRESSING, CIABATTA 17.5
- GARDEN SAMMIE VG

BRUSSELS, AVOCADO SPREAD, HUMMUS, PICKLED ONION, TOMATO, SPROUTS CURRIED CAULIFLOWER, CIABATTA 13
- QUINOA BURGER VG N

PICKLED TAQUERIA VEGETABLES, TOMATO, VEGAN AIOLI, SHREDDED ROMAINE, CIABATTA 14.5
- THE ORIGINAL ROAST BEEF N

1855 BLACK ANGUS BEEF, "REDNECK" CHEDDAR, CURRIED CAULIFLOWER, TOMATO, MARINATED KALE, HORSERADISH AIOLI HARVEST WHEAT 19

HOUSEMADE SIDES

- HOUSEMADE CHIPS VG GF

OLD BAY SEASONING
- RED POTATO SALAD V GF

EGG, MUSTARD, DILL, HONEY
- TUSCAN KALE V GF N

RAISINS, PARMESAN, PINE NUTS
- LOCAL STRAWBERRIES VG GF

GINGER-BASIL
- PUMPKIN SEEDS GF N

ROASTED PUMPKIN SEEDS, CAJUN SEASONING
- PICKLE SPEARS VG GF

HOUSE BRINED
- SOUP CUP 4.5 / BOWL 8

OUR CLASSIC CHICKEN POSOLE GF N

POBLANO, GREEN CHILES, HOMINY, CILANTRO & PUMPKIN SEED GARNISH
- SPRING SQUASH & QUINOA VG N GF

SPRING PEAS, MINT

ENTREES

(NOT AVAILABLE DURING SATURDAY AND SUNDAY BRUNCH 10-4)

- SALMON POKE GF N

BROWN RICE, SNAP PEAS, SWEET POTATO, CUCUMBER SALAD, NINJA RADISH, CASHEWS, WASABI CREAM , SMOKED TAMARI 19.5
- PAN SEARED SALMON GF N

BUTTERNUT SQUASH PUREE, BLACK RICE, ROASTED CAULIFLOWER, WILTED GREENS, CHILI OIL, CASHEW CRUMBLE 24
- POWER BOWL GF VG N

BROWN RICE & QUINOA, ROASTED TURNIPS, COLLARD GREENS, CANDIED WALNUTS, MAPLE TAHINI VINAIGRETTE, ACORN SQUASH, GINGER CRANBERRY CHUTNEY 15

SWEETS

- CHOCOLATE CHIP COOKIE 3
- VEGAN CARROT CUPCAKE VG 4
- CHOCOLATE BROWNIE GF 5

DRINKS

- SEASONAL LEMONADE 3.65
- HONEY ICED COFFEE (WITH OAT MILK) 4.5 V GF
- KATZ COLD BREW NITRO DRAFT 16OZ 6
- PAT GREER'S SEASONAL KOMBUCHA 5

WE ADD A 5% PREMIUM PACKAGING FEE ON ALL TO-GO ORDERS

*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS