


Something to Share...

 **PIMENTO CHEESE DIP**
WITH SLICED APPLES,
RANCH "FIRECRACKERS" 10.

CASHEW QUESO **VG GF N**
VEGAN "TACO MEAT",
HOUSE TORTILLA CHIPS 9.

FALCON LAKE FARMS

Founded by Felix Florez, he has been around the industry his whole working life. He strives to supply the finest breeds and highest quality meat to many restaurants around the city.

 LOOK FOR THIS ICON ON OUR MENU


**SANDWICHES
COME WITH
2 HOUSE SIDES
OR A CUP
OF SOUP**

Sandwiches

SUB GLUTEN WRAP \$2.95

 **THE STEAK SANDWICH**
ROASTED TEXAS TRI-TIP, AVOCADO, TOMATO, SWISS,
KALE-JALAPEÑO CHIMICHURRI, AIOLI, CIABATTA 16.

"CRUNCHY" CHICKEN **N**
NUT-SEED CRUMBLE, CRUSHED CHIPS, LETTUCE,
TOMATO, HOUSE PICKLES, PROVOLONE,
BUTTERMILK RANCH, PRETZEL BUN 13.


 **"BANH MI"**
CHARRED F.L.F. PORK, PICKLED ONION,
JALAPEÑO, CARROT/CUCUMBER MIX,
CILANTRO, SAMBAL, AIOLI, FRENCH ROLL 13.
*(make it Vegan by substituting tofu & vegan aioli **VG**)*

GULF SEAFOOD
SHRIMP & BLUE CRAB, TOMATO, PICKLED ONION,
GREEN GODDESS DRESSING, CIABATTA 14.

GARDEN SAMMIE **VG**
BRUSSELS SPROUTS, AVOCADO SPREAD, HUMMUS,
PICKLED ONION, TOMATO, CURRIED CAULIFLOWER,
SPROUTS, CIABATTA 11.

 **CLASSIC TX CHEESEBURGER**
44 FARMS BEEF, LETTUCE, TOMATO, ONION, PICKLES,
CHEDDAR, "SECRET SAUCE", POTATO BUN 13.

 **QUINOA BURGER** **VG N**
SMOKED QUINOA PATTY, TOMATO, ROMAINE, PICKLES,
RED ONION, VEGAN SECRET SAUCE, PRETZEL BUN 12.

 **AVOCADO BLT**
CRISPY BACON, LETTUCE, HEIRLOOM TOMATO, AVOCADO,
FRIED EGG, SRIRACHA AIOLI, HARVEST WHEAT 15.

TRUFFLED EGG SALAD **V**
GREENS, TOMATO, PARMESAN, AIOLI, PRETZEL BUN 11.


**ANY
SANDWICH
MAY BE
PREPARED AS
A SALAD**


Salads


SUMMER HARVEST **V GF N**
GREENS, GOLD BAR SQUASH, ZUCCHINI, WATERMELON,
CRISPY BRUSSELS, TOASTED SUNFLOWER SEEDS, TOMATO,
PURE LUCK GOAT CHEESE, FRESH HERB VINAIGRETTE 12.5

TACO SALAD **VG GF N**
BABY KALE, WOODLANDS'S TEMPEH, AVOCADO, ROAST-
ED CILANTRO-CORN, TOMATO, PICKLED ONIONS, JICAMA,
TORTILLA STRIPS, PUMPKIN SEEDS, LIME VINAIGRETTE 13.5

ASIAN CHICKEN **N**
NAPA CABBAGE, CHICKEN, CURED CUCUMBER, CASHEWS,
BEAN SPROUTS, BROCCOLI, SNOW PEAS,
GINGER-SOY VINAIGRETTE, SPICY PEANUT SAUCE 13.

 **SHRIMP COBB** **GF**
CHOPPED ROMAINE, AVOCADO, BACON, CHOPPED EGG,
CILANTRO-CORN, TOMATO, PICKLED ONION,
RED WINE VINAIGRETTE 16.

 **GRILLED SALMON CAESAR**
GRILLED SALMON FILET, KALE-ROMAINE MIX, PARMESAN,
FRIED CAPERS, TOMATO, HEARTS OF PALM, CROUTONS 17.

 **LOCAL POWER BOWL** **VG GF**
CAULIFLOWER & QUINOA RICE, SUMMER SQUASH
ZUCCHINI, OYSTER MUSHROOMS, SWEET CORN PUREE,
TOMATO & KALE SALAD, CILANTRO-TUMERIC VINAIGRETTE
& SUNFLOWER SEEDS 14.

ADD A PROTEIN TO ANY SALAD
TOFU OR CHICKEN 3. SHRIMP 5. SALMON FILET 8.

\$8 Wines by the Glass

SPARKLING BRUT
TREFETHEN CHARDONNAY
ELOUAN PINOT NOIR
DAOU CABERNET SAUVIGNON

Soup

CUP 3.5 / BOWL 5.5

OUR CLASSIC CHICKEN POSOLÉ **GF N**
POBLANO, GREEN CHILES, HOMINY,
CILANTRO & PUMPKIN SEED GARNISH

 **CUCUMBER AVOCADO GAZPACHO** **VG N**
CUCUMBERS, CILANTRO & CHILI OIL

Housemade Sides

HOUSEMADE CHIPS **VG GF** OLD BAY SEASONING
LOCAL FRUIT **VG GF** TEXAS APPLES
RED POTATO SALAD **V GF** EGG, MUSTARD, DILL, HONEY
TUSCAN KALE **V GF N** RAISINS, PARMESAN, PINENUTS
CUCUMBERS **VG N** GREEN ONION, THAI BASIL, MINT
GRANOLA **V N** OATS, HONEY, SESAME & PUMPKIN SEEDS
PICKLE SPEARS **VG GF** CURRY BRINE

Drinks


CLASSIC MINTADE 3.5
ORANGE+ LEMON + LIME + GRAPEFRUIT + MINT
HONEY ICED COFFEE (with OAT MILK) 4.5 **V**
KATZ COLD BREW NITRO DRAFT 10oz 4.5 / 16oz 6.
COKE/SPRITE/DIET COKE 3.
PAT GREER'S SEASONAL KOMBUCHA 4.5

Sweets

CHOCOLATE CHIP COOKIE 2.5
VEGAN CARROT CUPCAKE **VG** 4.
PEANUT BUTTER CHOCOLATE COOKIE **GF N** 3.

WE ADD A 5% PREMIUM PACKAGING FEE ON ALL TO-GO ORDERS

UNDERSTAND OUR MENU

 NEIGHBORHOOD FAVORITES
N CONTAINS NUTS/SEEDS
GF GLUTEN FREE
V VEGETARIAN
VG VEGAN

**PLEASE INFORM US OF ANY FOOD ALLERGIES
BEFORE ORDERING**

 **Neighborhood Favorites**

This icon means the dish is exclusive to this Local Foods. Perhaps it highlights seasonal ingredients or reflects our chef's style of cuisine, a favorite preparation or unique recipe. Enjoy!

We are committed to using fresh, locally-sourced, high quality ingredients. Our shrimp is wild caught; our chicken, beef, pork and eggs are cage free, hormone free, and come from sustainable farms.



**CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS*