

DAILY SPECIALS

10

Spicy Guacamole

tajin, corn, lime, cilantro, wheat tostada

wheat

11

Local Hummus

house hummus, red/green bell pepper, celery, carrot, olive oil, paprika, grilled naan

soy, wheat

18

Pastrami Smoked Salmon

house cured faroe island salmon, watercress, asian pickles, local tomato, red onion, dill-roe cream cheese, harvest wheat

dairy, wheat

19

Parmesan Crusted Chicken Caesar Wrap

romaine & kale, sundried tomatoes, toasted caper, parmesan, tomato-basil tortilla, caesar dressing

dairy, wheat

19

Lamb Pesto Sandwich

shredded lamb, pecan pesto, provolone, arugula, lemongrass slaw, ciabatta

served with two sides or a cup of soup

dairy, nuts, soy, wheat

23

Chicken Prosciutto Pasta

Milton's Local pasta, red bird chicken, prosciutto, blue oyster mushrooms, collard greens, broccolini, tear drop peppers, coconut sauce, panko garnish

dairy, wheat

19

Quinoa-Falafel Bowl

Crispy Quinoa-Beet Falafels, Tzatziki, Tabouli & Parsley Mix, Cucumber & Feta Salad, Pickled Red Onions, Marinated Cherry Tomatoes, Mixed Olives, Topped With Hibiscus Flowers And Hemp Seed Dukkah

wheat, sesame