

DAILY SPECIALS

TRY OUR NEW SIDE: WINTER FRUIT SALAD!!

13

Crispy Brussel Spouts

Butternut Squash, Golden Beets, Parmesan Cheese, Pickled Red Onion, Roasted Almonds, Honey & Balsamic Vinaigrette

12

Delicata Squash Rings

tempura fried, fancy remoulade, chives
vegetarian, dairy, wheat

18

Lemongrass Chicken Soup

Entree portion of our famous Lemongrass Chicken Soup consisting of: Chicken, Lemongrass, Coconut Milk, Green Onions, Sprouts, Sliced Radish and Chives

gluten-free

20

Chicken Parmesan

Panko-Parmesan crusted Red Bird's chicken, served with Milton's bucatini pesto pasta.

Gluten, Dairy, Nuts

19

Parmesan Crusted Chicken Caesar Wrap

romaine & kale, sun-dried tomatoes, toasted caper, parmesan, tomato-basil tortilla, caesar dressing - served with 2 sides or a cup of soup

dairy, fish, wheat

19

Quinoa-Falafel Bowl

Crispy Quinoa-Beet Falafels, Tzatziki, Tabouli & Parsley Mix, Cucumber & Feta Salad, Pickled Red Onions, Marinated Cherry Tomatoes, Mixed Olives, Topped With Hibiscus Flowers And Hemp Seed Dukkah

vegetarian, wheat, sesame