



BREAKFAST MENU



MON-FRI 8:15-10:30AM

HEALTHY STARTERS

GREEN MONKEY SMOOTHIE 10 GF VG – 16OZ BOTTLE
Chia, flax, apple, spinach, kale, basil, lime juice, pineapple, avocado, dates, baobab powder

WIRED MONKEY SMOOTHIE 10 GF VG N – 16OZ BOTTLE
Cold brew, peanut butter, banana, dried cherries, almond milk, dates, cinnamon, salt, bloomed chia seeds

OVERNIGHT OATS 7 VG N Cashew-maple Homestead Gristmill soaked oats, peanut butter, blueberry compote, candied pepitas

BREAKFAST SANDWICHES

ADD SAMBAL OR HOUSE REAL HOT SAUCE +.25

TOMATO, EGG & CHEESE 6.5 V Soft scrambled Swift Hill Farms eggs, Tomato, Martin's potato roll, provolone, house sambal

BACON, EGG & CHEESE 8 Soft scrambled Swift Hill Farms eggs, crispy bacon, Martin's potato roll, provolone, house sambal

HOUSE - BAKED GOODS

BLUEBERRY MUFFIN 5 GF N
Buckwheat, pecan flour, flax seed-sugar sprinkle

CINNAMON SWIRL COFFEE CAKE 6
Ricotta whipped cinnamon swirl with cinnamon streusel



COFFEE & MATCHA

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| COLD BREW 5/6.5 | HORCHATA ICED COFFEE 5/6.5 |
| ESPRESSO 3.5 | FLAT GREEN 5.25 |
| FLAT WHITE 4.75 | MATCHA LATTE 6 (HOT / ICED) |
| CAPPUCCINO 4.75 | CHAI LATTE 6 (HOT / ICED) |
| CAFE LATTE 5.25 (HOT / ICED) | GOLDEN MYLK 7.5 (HOT / ICED) |
| WHIPPED ICED AMERICANO 4 | WHIPPED ICED MATCHA 4 |
| HOT AMERICANO 4 | RISHI HOT TEA 5 (SEASONAL SELECTION) |

MILK ALTERNATIVES: ALMOND, OAT +1
HOUSE MADE SYRUPS: VANILLA, LAVENDER, MINT, MOCHA +.50
HONEY +.50 / MAPLE +1.25
ADAPTOGENS: VITAL PROTEINS, CHIA, PROBIOTIC +2/ ASHWAGANDHA +1

SPECIALTY DRINKS

MATCHA

WHIPPED ORANGE MATCHA 5 (ICED)
MATCHABERRY LATTE 7.5 MUDDLED FRESH STRAWBERRIES, MINT SIMPLE (ICED)
BEAUTIFUL LATTE 8.5 COLLAGEN, PROBIOTIC, VANILLA SIMPLE (HOT / ICED)
“CEREAL MILK” MATCHA LATTE 7 (ICED)
WATERMELON MATCHA LEMONADE 6/7.5 [ADD CHIA +2]

SUMMER LIBATIONS

LAVENDER VANILLA SHAKEN ESPRESSO 6.5 (ICED)
SPICY PEPINO 5.5/7 JALAPENO, CUCUMBER-LIME, FRESCA, TAJIN (ICED)
STRAWBERRY BLISS 7.5 STRAWBERRY, ESPRESSO, MILK, VANILLA SIMPLE (ICED)
BUTTERFLY DREAM 7 HIBISCUS, MINT SIMPLE, LIME RAMBLER, BUTTERFLY PEA (ICED)

YEAR ROUND CLASSICS

“HEART OF LOCAL” SHAKEN ICED TEA 6/7.5 TANGERINE-GINGER TEA, BASIL, BLOOD ORANGE, MINT SIMPLE, BLOOMED CHIA
STRAWBERRY GREEN TEA 7.5 VITAL PROTEINS, MUDDLED STRAWBERRY, BASIL, MINT SIMPLE
LONDON FOG 7 EARL GREY TEA, STEAMED MILK, VANILLA (HOT / ICED)
HOT CHOCOLATE 6 WITH MARSHMALLOWS & MERINGUE