

SUMMER ALL DAY

*Served With Two Sides Or A Cup of Soup

Salmon Poké* GFN 19.5

Raw Faroe Island Salmon, Edamame, Avocado, Tomato, Cucumber, Seaweed Crunch, Bean Sprouts, Pickled Carrot & Daikon, Leche De Tigre, Sunflower Sprouts, Bean Sprouts

SHAREABLES

Cashew Queso vg GFN

Pico De Gallo, Vegan "Taco Meat", Tortilla Chips

Vegan Spinach Dip vg GFN

Cashew Cream, Hearts of Palm, Crispy Garlic, Tortilla Chips

Spicy Cauliflower Bites VGFN Breaded Cauliflower Bites Fried And Tossed In A Ginger Agrodolce With A Side Of Ranch

SUMMER ELIXIRS & WINE

Watermelon Sangria 12 White Wine, Watermelon Mimosa Glass/Carafe (serves 4) 6/22

Rose, Brut, Goodpop Popsicle

Popsicle Spritz

NON-ALCOHOLIC **DRINKS**

Seasonal Lemonade Watermelon	3.65
Honey Iced Coffee v With Oat Milk	4.5
Katz Cold Brew Nitro Draft	6
Matcha Latte	6
Chai Latte	6

OUR LOCAL PARTNERS

Atkinson Farms, Katz Coffee, Dairy Maids Houston, Texas Evergreen Harvest, Bee2Bee Honey Collective, Award Winning Mushrooms

Steak Bowl* GF

Seared Sirloin Steak, Served With Brown Rice, Balsamic Red Onions, Sweet Corn & Green Beans Salsa Topped With Tomatillo Sauce & A Caramelized Lime Wedge

Mushroom Pasta vg

Milton's Pasta, Lion's Mane Mushrooms, Spinach, Broccolini, Vegan Alfredo, Calabrian Chili, Oregano

Shrimp Tacos* GF

Corn Tortillas, Cabbage Mix, Pico De Gallo, Avocado, Sriracha Aioli *Served With Two Sides Or Cup Of Soup

Summer Power Bowl vg GF N

Brown Rice & Quinoa, Lemony White Beans, Summer Vegetable Sauté, Red Pepper Pine Nut Caponata, Baby Tomatoes

Mediterranean Chicken Bowl N

Roasted Chicken Thighs, Tzatziki, Tabouli, Cucumber, Feta, Pickled Onion, Tomato, Mixed Olives, Pine Nuts

SALADS

9

11

10

ADD A PROTEIN TO ANY SALAD Tofu 3 | Chicken 6 | Shrimp 9 | Salmon 9

Asian Chicken GF N

Cabbage & Romaine, Cucumber, Broccoli, Cashews, Cilantro, Noodles, Ginger-Sov Vinaigrette, Sambal-Peanut Sauce

Summer Harvest V GF N

13.5 Mixed Greens, Gold Bar Squash & Zucchini, Roasted Corn, Radish, Watermelon, Brussels Sprouts, Texas Goat Cheese, Sunflower Seeds, Herb Vinaigrette

Taco Salad vg GF N

Kale & Romaine, Woodlands' Tempeh, Kidney Beans, Avocado, Corn, Pickled Onions, Pumpkin Seeds, Lemon Vinaigrette

Salmon Caesar*

Herb Crusted Faroe Island Salmon, Kale-Romaine Mix, Parmesan, Crispy Capers, Tomato, Hearts Of Palm, Croutons

19

16

14.5

15

Texas Cheeseburger Salad

44 Farms Beef, Romaine, Shredded Cheddar, Tomatoes, Red Onions, Pickles, Croutons, "Secret Sauce"

SANDWICHES

ANY SANDWICH MAY BE PREPARED AS A SALAD!

Served with your choice of two house sides or a cup of soup. Sub Leven Baking Co. gluten free bread +3 V

15

16

"Crunchy" Chicken N Oven Roasted, Nut-Seed Crumble, Chips, Tomato, House Pickles, Romaine, Provolone, Green Goddess Ranch, Pretzel Bun

Avocado BLT

16.5 Crispy Bacon, Fried Egg, Heirloom Tomato, Iceberg Lettuce, Aioli, Sourdough

Truffled Egg Salad v

Swift Hill Farms Eggs, Greens, Tomato, Parmesan, Aioli, Pretzel Bun

Gulf Seafood* 17.5

Blue Horizon Shrimp & Blue Crab, Lettuce, Tomato, Pickled Onion, Green Goddess Dressing, Ciabatta

Smoked Salmon N

House Cured Smoked Salmon, Dill Cream Cheese, Tomato, Onions, Capers, Greens, Everything Pretzel Bun

Borracho Beef

Mexican Style Wine Braised Beef, Cilantro & Cabbage Slaw, Sliced Tomato, Grilled Red Onion, Pickled Pepper, Provolone, Aioli, Beef Jus, Ciabatta

Garden Sammie vo

Brussels Sprouts, Avocado Spread, Hummus, Pickled Onion, L&T, Curried Cauliflower, Ciabatta

Good Karma "Burger" vg N

Smoked Quinoa Patty, Pickled Tagueria Vegetables, Tomato, Romaine, Vegan Aioli, Ciabatta

"Banh Mi"

Charred Red Field Ranch Pork, Pickled Onion, Jalapeño, Cilantro, Cucumber-Carrot Slaw, Aioli, Sambal, French Baguette Sub San San Organic Non Gmo Tofu With Vegan Aioli VG

SIDES

Tuscan Kale v GFN

Potato Chips vg GF

Red Potato Salad v GF

Pickle Spears vg GF

Pumpkin Seeds vg GFN

Summer Corn-Quinoa vg GFN

Texas Watermelon vg GF

SOUP

CUP 4.5 / BOWL 8

Chicken Posolé GF N

Tomato Minestrone vg

SWEETS

Chocolate Chip Cookie v	3
Vegan Carrot Cupcake vo	4

Miso Brown Sugar Cookie vg GF Chocolate Brownie v GF 5

Butterscotch Blondie VN 5