26

#### N Contains Nuts/Seeds

# **FALL ALL-DAY**

# **BOWLS & ENTREES**

9

12

10

10

10

#### BBQ Tofu Pho vg 18 Crispy Tofu, Mushroom "Pho" Broth, Delicata

LOCAL Foods

Squash, Garlic Chile Crunch, Kale, Radish, Carrots, Wild Mushrooms, Housemade Noodles

### Market Cheddar Burger\* N

Mill-King Cheddar, Bruleed Onion, Lettuce, Tomato, Jalapeño Mustard, House Pickles, Milk Bread Bun, Twice Cooked Fries

Add A Fried Egg \$1.5 Add Neuske's Bacon \$3

#### Blackened Redfish

Butternut Squash Risotto, Duck Sausage, English Peas, Sage Brown Butter, Lemon

#### Chicken Shawarma Bowl GF N 20

Brussels Sprouts, Feta, Ancient Grains, Seeds, Dill Yogurt, Green Apple, Pickled Beets, Pomegranate

### Mediterranean Falafel Bowl N V

Tzatziki, Tabouli & Parsley Mix, Heirloom Tomatoes, Pickled Red Onions, Cucumber & Feta Salad, Mixed Olives & Pine Nuts

#### Local Power Bowl GF VG

16

19 5

Brown Rice & Quinoa, Lemony White Beans, Kale, Root Vegetable Sautee, Dates, Maple Vinaigrette, Fried Sage & Shallots

#### Salmon Poke Bowl\* GEN

Raw Faroe Island Salmon, Pickled Carrot & Daikon, Leche De Tigre, Broccolini, Sweet Potato, Caramelize Grapes, Furikake, Crispy Bamboo

#### Vietnamese Steak Bowl N GF

22

15.5

13

15

14.5

Heirloom Tomato, Jalapeño-Nori Rice, Peanuts. Marinated Cucumber, Fried Egg, Red Onion, Herb Mix (Cilantro, Basil, & Mint)

## SHAREABLES

#### Spicy Crispy Brussels NVG 10 Roasted Pepitas, Pickled Shallot, Cilantro,

Cashew Queso vg NGF Pico De Gallo, Vegan "Taco Meat",

## Delicata "Onion Rings"

Tempura Fried Delicata Squash, Fancy Remoulade Sauce, Chives, Fried Garlic

#### White Bean

Maple Dressing

Tortilla Chips

& Garlic Hummus VN 12 Cucumber, Pickled Carrots, Herbs,

Naan Bread, Olives, Peanut Dukkah

7 Twice Cooked Fries GEVG

Secret Sauce

HOUSEMADE

Red Wine, Amaretto, Cranberry, Orange

Sparkling Wine, Vermouth, Kin Euphorics

Cappelletti Apertivo, Prosecco, Sparkling Water.

COCKTAILS

Fall Sangria

Orange Slice

Cappelletti Spritz

Sparkling Amethyst

# **SALADS**

### Asian Chicken Salad GF N

Cabbage & Romaine, Cucumber, Broccoli, Cashews, Cilantro, Noodles, Ginger-Soy Vinaigrette, Sambal-Peanut Sauce

#### Fall Harvest Salad v GF N

Mixed Greens, Cauliflower, Roasted Butternut Squash, Beets, Green Beans, Caramelize Grapes, Radish, Brussels Sprouts, TX Goat Cheese, Sunflower Seeds, Herb Vinaigrette

#### Cheeseburger Salad

Romaine, Cheddar, Tomato, Onion, Pickle, Croutons, Fries, Lemon Vinaigrette

### ADD A PROTEIN TO ANY SALAD Tofu 3 / Chicken 6 / Shrimp 9 / Salmon 9

# Smoked Salmon Caesar Salad\* N 20

Hot Smoked Faroe Island Salmon, Poached Egg. Persian Cucumber, Seed Crunch, Avocado, Baby Kale & Local Baby Greens, Meyer Lemon Caesar

#### Taco Salad vg GF N

Garden Sammie vo

Cauliflower Ciabatta

Kale, Romaine, Woodlands' Tempeh, Kidney Beans, Avocado, Corn, Pickled Onions, Pumpkin Seeds, Tomatoes, Tortilla Shell, Lemon Vinaigrette

## SANDWICHES

#### ANY SANDWICH MAY BE PREPARED AS A SALAD!

Served with your choice of two house sides or a cup of soup. Sub Leven gluten free bread +3 V

16.25

16.5

15

17.5

13.5

17

#### "Crunchy" Chicken N

Oven Roasted, Nut-Seed Crumble, Chips, Tomato, Pickles, Romaine Lettuce, Provolone, Buttermilk Ranch, Pretzel Bun

#### Avocado BLT

Applewood Bacon, Fried Egg. Avocado, Aioli, Heirloom Tomato, Sourdough

### Truffled Egg Salad v

Swift Hill Farms Eggs, Greens, Tomato, Parmesan, Aioli Pretzel Bun

### Gulf Seafood

Blue Horizon Shrimp & Blue Crab, Lettuce, Tomato, Pickled Onion, Green Goddess Dressing, Ciabatta

#### Pastrami Smoked Salmon\* N

House Cured Faroe Island Salmon, Watercress, Asian Pickles, Local Tomato, Red Onion, Dill-Roe Cream Cheese, Harvest Wheat

"Banh Mi" Charred Red Field Ranch Pork, Aioli, Pickled Onion, Jalapeño, Cilantro, Sambal, Cucumber-Carrot Slaw, French Baguette

Brussel Sprouts, Avocado Spread, Hummus,

Pickled Onion, Lettuce, Tomato, Curried

Sub San San Organic Non Gmo Tofu With Vegan Aioli

#### Good Karma "Burger" vg N

Housemade Seeded Quinoa Patty, Pickled Tagueria Vegetables, Tomato, Vegan Aioli, Romaine, Ciabatta

#### Grilled Chicken Caesar Wrap N

Charcoal Grilled Chicken Breast, Kale, Romaine, Parmesan, Smashed Avocado, Fried Capers, Sunflower Seed Crunch, Radish, Sprouts

# **OUR LOCAL PARTNERS**

Swift Hill Farms, Blue Horizon, JV Foods, Deluxe Fine Foods, **Wiwas Tempeh** 

# SIDES

Tuscan Kale GF V N

Potato Chips GF VG

Red Potato Salad GF V

Pickles Spears GF VG

Pumpkin Seeds GF VG N

Lemongrass Slaw GF N VG

## **SOUP**

Chicken Posolé GF N 4.5/8

Vegan Broccoli Cheese vg GF N 4.5/8

# **SWEETS**

5 Chocolate Brownie GF

**Chocolate Chip Cookie** 3

Carrot Cupcake vg