OUR MENU

N CONTAINS NUTS/SEEDS

GF GLUTEN FREE

V VEGETARIAN

VG VEGAN

SOMETHING TO SHARE

CASHEW QUESO VG N GF

PICO DE GALLO, VEGAN "TACO MEAT", HOUSEMADE TORTILLA CHIPS 9

BRUSSEL SPROUTS N GF

BUTTERNUT SQUASH, BACON, DRIED CRANBERRY, PECANS, GREEN ONION, PECORINO, MAPLE-LEMON DRESSING 11

VEGAN SPINACH DIP VG N GF CASHEW CREAM, HEARTS OF PALM, CRISPY GARLIC, HOUSEMADE TORTILLA CHIPS 11

SALADS

ADD A PROTEIN TO ANY SALAD TOFU 3 / CHICKEN 5 / SHRIMP 6 / SALMON 8

SPRING HARVEST V GF N

MIXED GREENS, ASPARAGUS, RED & GOLDEN BEETS, RADISH, BRUSSELS SPROUTS, STRAWBERRIES, TX GOAT CHEESE, SUNFLOWER SEEDS, FRESH HERB VINAIGRETTE 13.5

TACO VG GF N

KALE, ROMAINE, WOODLANDS' TEMPEH, TORTILLA SHELL, AVOCADO, KIDNEY BEANS, TOMATO, CILANTRO CORN, PICKLED ONIONS, PUMPKIN SEEDS, LEMON VINAIGRETTE 15

CAESAR VG N

ROMAINE, CURLY ENDIVE, CHILI APPLES, HEARTS OF PALM, SEED GRANOLA, CROUTONS, NORI-CASHEW CAESAR DRESSING 13 ADD JUMBO BLACKENED SHRIMP 8

ASIAN CHICKEN GF N

NAPA CABBAGE, ROMAINE, CHICKEN, BROCCOLI, GREEN BEANS, CASHEWS, CURED CUCUMBER, CILANTRO, SESAME SEEDS, SOY VINAIGRETTE, SPICY PEANUT SAUCE 15.25

SALMON POKE * GF N

BROWN RICE, SNOW PEAS, AVOCADO, SPRING RADISH, GREEN ONION, TOASTED ALMONDS, SUNFLOWER SPROUTS, PICKLED GINGER, CHILL CRISP 19.5

* CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS

ANY SANDWICH MAY BE PREPARED AS A SALAD!

SANDWICHES

SERVED WITH YOUR CHOICE OF 2 SIDES OR A CUP OF SOUP.

NEW GLUTEN-FREE BREAD +3 LOCALLY MADE BY LEVEN BAKING CO.

TRUFFLED EGG SALAD V

VITAL FARMS EGGS, GREENS, TOMATO, PARMESAN, AIOLI, PRETZEL BUN 14

"CRUNCHY" CHICKEN N

NUT-SEED CRUMBLE, CRUSHED CHIPS, TOMATO, LETTUCE, HOUSE PICKLES, PROVOLONE, BUTTERMILK RANCH, PRETZEL BUN 15.25

HOUSE CURED & SMOKED SALMON N

"EGGY" CREAM CHEESE, DILL PICKLES, ONION JAM, "EVERYTHING" BAGEL 16

"BANH MI"

CHARRED F.L.F. PORK, PICKLED ONION, CUCUMBER-CARROT MIX, JALAPEÑO, CILANTRO, SAMBAL, AIOLI, FRENCH ROLL 14.5 (MAKE IT VEGAN BY SUBSTITUTING TOFU & VEGAN AIOLI VG)

AVOCADO B.L.T.

CRISPY BACON, ICEBERG, HEIRLOOM TOMATO, FRIED EGG, AVOCADO, AIOLI, SOURDOUGH 16

GULF SEAFOOD

BLUE HORIZON SHRIMP & BLUE CRAB, TOMATO, PICKLED ONION, LETTUCE, GREEN GODDESS DRESSING, CIABATTA 17.5

GARDEN SAMMIE VG

BRUSSELS, CURRIED CAULIFLOWER, TOMATO, PICKLED ONION, LETTUCE, SPROUTS, HUMMUS, AVOCADO SPREAD, CIABATTA 13

QUINOA BURGER VG N

PICKLED TAQUERIA VEGETABLES, TOMATO, SHREDDED ROMAINE, VEGAN AIOLI, CIABATTA 14.5

CHIMICHURRI STEAK TORTA

TRI-TIP BEEF, FRIED EGG, DAIRYMAIDS' GRUYERE, CARAMELIZED ONIONS, MUSHROOMS, AVOCADO, ARUGULA, DIJON AIOLI, BOLILLO ROLL 19

HOUSEMADE SIDES

HOUSEMADE CHIPS VG GF OLD BAY SEASONING

RED POTATO SALAD V GF EGG, MUSTARD, DILL, HONEY

TUSCAN KALE V GEN

GOLDEN RAISINS, PARMESAN, PINE NUTS

PICKLE SPEARS VG GF HOUSE BRINED

SEASONAL FRUIT VG GF GINGER-BASIL STRAWBERRIES

SOUP CUP 4.50 / BOWL 8

OUR CLASSIC CHICKEN POSOLE GF N POBLANO, GREEN CHILES, HOMINY, CILANTRO & PUMPKIN SEED GARNISH

SQUASH & QUINOA SOUP VG GF GARDEN PEAS, MINT

ENTREES SWEET POTATO, WATERMELON RADISH, TURMERIC-GINGER 15

POWER BOWL VG GF N

BROWN RICE-QUINOA, PEAS, ASPARAGUS, SWISS CHARD, HEMP DUKKAH, CARAMELIZED SWEET POTATO, WATERMELON RADISH, TURMERIC-GINGER 15

ADD TOFU 3 / CHICKEN 5 / SALMON 8 /

BLACKENED SHRIMP 8

LOCAL CHEESEBURGER

44 FARMS BEEF PATTY, WHITE CHEDDAR, LETTUCE, TOMATO, RED ONION, PICKLES,. SECRET SAUCE, SERVED WITH FRENCH FRIES 16

AVAILABLE AS A SALAD!

(NOT AVAILABLE DURING BRUNCH)

PAN SEARED SALMON

ORZO PASTA, BUTTERNUT SQUASH, BRUSSELS SPROUTS, ROASTED TURNIPS & PARSNIPS, PICKLED APPLE, TAMARIND GLAZE, MICRO GREENS 22

(NOT AVAILABLE DURING BRUNCH)

SWEETS

CHOCOLATE CHIP COOKIE 3

CARROT CUPCAKE VG 4

CHOCOLATE CHIP BROWNIE GF 5

DRINKS

ASSORTED TEAS AND LEMONADES 3.65

HONEY ICED COFFEE (WITH OAT MILK) V 4.5

KATZ COLD BREW NITRO DRAFT 160Z 6

WE ADD A 5% PREMIUM PACKAGING FEE ON ALL TO-GO ORDERS