

OUR MENU

- N

CONTAINS NUTS
- GF

GLUTEN FREE
- V

VEGETARIAN
- VG

VEGAN
- *

CONSUMING RAW/UNDERCOOKED
PRODUCT MAY CAUSE FOODBORNE ILLNESS

SHAREABLES

- BUTTERNUT SQUASH & TEXAS PEARS

VGF

ROASTED 2L PRODUCE BUTTERNUT SQUASH, TOP
OF TEXAS PEARS, GREEN APPLE, HOUSE LABNEH,
TEXAS BLACK GOLD SHALLOT & GOOD FLOW HONEY
BALSAMIC DRIZZLE, MINT, PINK PEPPERCORN

12
- CASHEW QUESO

VG N GF

PICO DE GALLO, VEGAN "TACO MEAT"

10
- ADD ESCABECHE

+2.5

/

ADD GUACAMOLE

+2.5

SANDWICHES

SERVED WITH CHOICE OF 2 SIDES OR A CUP OF SOUP. SUB GLUTEN FREE BREAD 3.

- "CRUNCHY" CHICKEN

N

OVEN ROASTED CHICKEN, NUT-SEED CRUMBLE,
CRUSHED CHIPS, TOMATO, LETTUCE,
HOUSE PICKLES, PROVOLONE, RANCH,
PRETZEL BUN

16.5
- TRUFFLED EGG SALAD

V

VITAL FARM EGGS, GREENS, TOMATO,
PARMESAN, AIOLI, PRETZEL BUN

14.5
- BANH MI

CHARRED F.L.F. PORK, PICKLED ONION,
CUCUMBER-CARROT MIX, JALAPEÑO,
CILANTRO, SAMBAL, AIOLI, FRENCH ROLL

16
- **MAKE IT VEGAN WITH NON GMO UNCLE PHAN'S
FRESH TOFU & VEGAN AIOLI
- GULF SEAFOOD POBOY

*

SHRIMP & BLUE CRAB, TOMATO, LETTUCE,
PICKLED ONION, GREEN GODDESS DRESSING,
FRENCH ROLL

18.5

SALADS

ADD A PROTEIN TO ANY SALAD TOFU 5 / CHICKEN 4/7.5 / SEARED SALMON FILLET 10 * / SEARED SHRIMP 8 *

- FALL HARVEST

V GF

GREENS, LONESTAR GOAT CHEESE, OVEN ROASTED
DELICATA SQUASH, SUGAR SNAP PEAS, ROASTED
RED GRAPES, CARAMELIZED CAULIFLOWER, SHAVED
RED RADISH, BRUSSELS, SUNFLOWER SEEDS,
SPROUTS ALIVE SUNFLOWER SPROUTS,
FRESH HERB VINAIGRETTE

15
- CHOPPED GREEN SALAD

V

HERB & SCALLION MARINATED CHICKPEAS, FETA,
AVOCADO, ROMAINE, ENGLISH CUCUMBER,
CASTELVETRANO OLIVES, HOUSE CROUTONS,
RED WINE & SHALLOT VINAIGRETTE

15
- TACO

VG GF

BABY KALE, ROMAINE, VEGAN "TACO MEAT,"
AVOCADO, GRILLED TX CORN, TOMATO,
KIDNEY BEANS, PICKLED ONION, JICAMA,
PEPITAS, CILANTRO, TORTILLA STRIPS,
LEMON VINAIGRETTE

16.5

- BUBBY SALAD

*

HOUSE SMOKED SALMON, KALE, JAMMY EGG,
WHITE MOUNTAIN YOGURT LABNEH, PICKLED RED
ONION, VILLAGE FARMS CHERRY TOMATOES,
SUNFLOWER SPROUTS, FRIED SHALLOT & SESAME
SEED MIX, SLOW DOUGH CIABATTA CROUTONS,
LEMON VINAIGRETTE

19.5
- ASIAN CHICKEN SALAD

GF N

NAPA CABBAGE, ROMAINE, GLASS NOODLES,
CURED CUCUMBER, BROCCOLI, BEAN SPROUTS,
J&D FARMS GREEN BEANS, TOASTED CASHEWS,
CILANTRO, WHITE SESAME SEEDS, TOSSED WITH A
SESAME-TAMARI VINAIGRETTE AND SERVED WITH
A SIDE OF SAMBAL-PEANUT SAUCE

18.5

HOUSEMADE SIDES

- HOUSEMADE CHIPS

GF VG

OLD BAY SEASONING
- APPLE-CRANBERRY SALAD

VG GF

CELERY, PARSLEY, LEMON
- RED POTATO SALAD

V GF

EGG, MUSTARD, DILL, HONEY
- TUSCAN KALE

V GF N

RAISINS, PARMESAN, PINE NUTS
- ESCABECHE

VG GF

CAULIFLOWER, CARROT, JALAPENO
- PICKLE SPEARS

VG GF

HOUSE BRINED
- SOUP

CUP 5 / BOWL 8.5
- OUR CLASSIC CHICKEN POSOLÉ

GF

POBLANO, GREEN CHILES, HOMINY, CILANTRO &
PUMPKIN SEED GARNISH
- GINGER CHICKEN LEMONGRASS SOUP

GF

COCONUT MILK, KAFFIR LIME, GARLIC, FRIED
SHALLOT AND CILANTRO GARNISH (FISH ALLERGY)
- SEASONAL SOUP

GF VG

SEE SPECIALS LIST

BOWLS

- FALL POWER BOWL

VG GF

HERB MARINATED & GRILLED HI FI MYCOLOGY
OYSTER & LION'S MANE MUSHROOMS, SAUTEED
BROCCOLI & SUGAR SNAP PEAS, PEDERNALES VALLEY
FARMS BABA GHANOUJ, ZA'ATAR, JASMINE RICE-QUINOA
BLEND, SPROUTS ALIVE SUNFLOWER SPROUT SALAD

19
- (NOT AVAILABLE BEFORE 4PM ON WEEKENDS)
- SESAME SASHIMI TUNA & AVOCADO BOWL

GF *

RAW SUSHI GRADE AHI TUNA TOSSED IN SESAME OIL WITH
NORI & SESAME SEEDS, AVOCADO, SESAME CUCUMBERS,
PICKLED DAIKON, MIRIN CARROTS, RED CABBAGE &
CILANTRO SLAW, MAPLE GINGER SAUCE

25

- SALMON POKE

GF *

HOUSE SESAME-TAMARI MARINATED SALMON,
JASMINE-QUINOA RICE, SHAVED RED RADISH,
SESAME CUCUMBER, CABBAGE, MANDARIN ORANGE
SEGMENTS, BROCCOLI-MISO CRUNCH, NORI AIOLI,
BLACK SESAME SEEDS

20
- CHICKEN AND FARRO BOWL

HERB MARINATED GRILLED CHICKEN BREAST,
ARUGULA PESTO DRESSED FARRO, BROCCOLI,
SHAVED FENNEL, SHAVED GREEN APPLE, FRENCH FETA,
SPROUTS ALIVE SUNFLOWER SPROUTS

19.5

KIDS

- SERVED WITH YOUR CHOICE OF FRUIT, PICKLES, OR CHIPS
- KIDS CRUNCHY CHICKEN

CRUSHED CHIPS, PROVOLONE, BUTTERMILK RANCH,
PRETZEL BUN

10
- KIDS PEANUT BUTTER & JELLY

N VG

PRETZEL BUN

7.5
- KIDS GRILLED CHEESE

V

PROVOLONE, PRETZEL BUN

7.5

DRINKS

- BUBBLER BAR

4.5

ICED TEAS, SEASONAL LEMONADES, AGUA FRESCA
- HONEY ICED COFFEE

5.5

V

GOOD FLOW HONEY, PUMPKIN SPICE, VANILLA, OAT MILK
- OPEN EYE CHAI LATTE

5.5

V

OAT AND ALMOND MILK AVAILABLE

+1
- PEPPERMINT MOCHA LATTE

6

TOPPED WITH CRUSHED PEPPERMINT
- 24 HOUR COLD BREW

4.5
- ASSORTED CANNED/BOTTLED BEVERAGES

2.5 - 7.5