



BREAKFAST MENU



MON-FRI 8:15-10:30AM

HEALTHY STARTERS

GREEN MONKEY SMOOTHIE 10 GF VG – 16OZ BOTTLE

Chia, flax, apple, spinach, kale, basil, lime juice, pineapple, avocado, dates, baobab powder

WIRED MONKEY SMOOTHIE 10 GF VG N – 16OZ BOTTLE

Cold brew, peanut butter, banana, dried cherries, almond milk, dates, cinnamon, salt, bloomed chia seeds

OVERNIGHT OATS 7 VG N Cashew-maple Homestead Gristmill soaked oats, peanut butter, blueberry compote, candied pepitas

BREAKFAST SANDWICHES

ADD SAMBAL OR HOUSE REAL HOT SAUCE +.25

TOMATO, EGG & CHEESE 7.5 V Soft scrambled Swift Hill Farms eggs, tomato, Martin's potato roll, New School American cheese, house sambal

BACON, EGG & CHEESE 9 Soft scrambled Swift Hill Farms eggs, crispy bacon, Martin's potato roll, New School American cheese, house sambal

HOUSE - BAKED GOODS

BLUEBERRY MUFFIN 6 GF N

Buckwheat, pecan flour, flax seed-sugar sprinkle

CINNAMON SWIRL COFFEE CAKE 6

Ricotta whipped cinnamon swirl with cinnamon streusel



COFFEE & MATCHA

COLD BREW 5/6.5

ESPRESSO 3.5

FLAT WHITE 5

CAPPUCCINO 5

CAFE LATTE 5.75 (HOT / ICED)

WHIPPED ICED AMERICANO 4.25

HOT AMERICANO 4.25

HORCHATA ICED COFFEE 5.5/7

FLAT GREEN 5.25

MATCHA LATTE 6 (HOT / ICED)

HOUSE CHAI LATTE 6.5 (HOT / ICED)

GOLDEN MYLK 7.5 (HOT / ICED)

WHIPPED ICED MATCHA 4.5

RISHI HOT TEA 5 (SEASONAL SELECTION)

MILK ALTERNATIVES: ALMOND, OAT +1

HOUSE MADE SYRUPS: VANILLA, ORANGE, LAVENDER, MINT,

HAZELNUT, MOCHA +.50

HONEY +.50 / MAPLE +1.25

ADAPTOGENS: VITAL PROTEINS, CHIA, PROBIOTIC +2/ ASHWAGANDHA +1

SPECIALTY DRINKS

MATCHA

WHIPPED ORANGE MATCHA 5 (ICED)

BEAUTIFUL LATTE 8.5 COLLAGEN, PROBIOTIC, VANILLA SIMPLE (HOT / ICED)

BANANA MATCHA LATTE 8 BANANA SYRUP, MAPLE, MARSHMALLOW (ICED)

MATCHABERRY LATTE 7.5 MUDDLED FRESH STRAWBERRIES, MINT SIMPLE (ICED)

“CEREAL MILK” MATCHA LATTE 7 (ICED)

WATERMELON MATCHA LEMONADE 6/7.5 [ADD CHIA +2]

SUMMER FRILLS

SPICY PEPINO 5/6.5 JALAPENO, CUCUMBER AGUA FRESCA, CHIA, TAJIN (ICED)

LAVENDER VANILLA SHAKEN ESPRESSO 6.5 (ICED)

STRAWBERRY BLISS 7.5 STRAWBERRY, ESPRESSO, MILK, VANILLA SIMPLE (ICED)

BANANA LATTE 8 ESPRESSO, MAPLE-BANANA SYRUP, MARSHMALLOW FLUFF (ICED)

YEAR ROUND CLASSICS

“HEART OF LOCAL” SHAKEN ICED TEA 6/7.5 TANGERINE-GINGER TEA, BASIL, BLOOD ORANGE, MINT SIMPLE, BLOOMED CHIA

STRAWBERRY GREEN TEA 7.5 VITAL PROTEINS, STRAWBERRY, ORANGE JUICE, LEMON JUICE, MINT SIMPLE (ICED)

LONDON FOG 7 EARL GREY TEA, STEAMED MILK, VANILLA (HOT / ICED)